

Healthy Living Advisory Committee

Contact Information

Chair: Marcel Horowitz, Healthy Youth, Families & Communities Advisor for Yolo County

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Co-chair: Dorina Espinoza, Youth, Families and Communities Advisor for Humboldt County

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Purpose

The 4-H Healthy Living Advisory Committee is comprised of a diverse and representative group of 4-H Youth Development Program staff with an interest and expertise in physical, social and emotional health.

Goals

- Provide vision and establish direction for healthy living programming across California
- Determine the healthy living training and development needs of 4-H staff, volunteers and members and assist in facilitating appropriate training opportunities
- Identify ways to integrate healthy living programming within existing 4-H events, afterschool programs, community club programs and other educational opportunities
- Locate, review and make recommendations for healthy living curriculum and educational materials
- Seek collaborative opportunities with other groups and organizations as appropriate
- Develop educational resources related to physical, emotional and social health and create a strategy for dissemination
- Enhance the effectiveness of educational deliveries and opportunities for healthy living education programming
- Identify best practices and policies for integration into the existing 4-H Youth Development Program at the county and state levels
- Respond to the emerging health needs of California youth, positioning 4-H to provide up-to-date research-based information to our members and volunteers

Committee Member Responsibilities

- Gather input on agenda items before meetings
- Attend all scheduled 4-H Healthy Living Advisory Committee meetings (in-person and virtual)
- Provide input on various healthy living issues and opportunities for the California 4-H Youth Development Program
- Express ideas and input from constituents and stakeholders for the healthy living programming
- Complete action items assigned at meetings and participate in subcommittee work
- Support educational and leadership opportunities for youth
- Assist in the development and delivery of an annual plan of work

19-20 Committee Membership

The 4-H Healthy Living Advisory Committee is comprised of up to 10 individuals who support the mission of 4-H and the goals of this committee.

Meetings

As funding allows, all travel and related costs will be reimbursed by the State 4-H Office in accordance with University policies for meetings.