



## 4-H E-News Updates

December 2010

[Statewide 4-H Online Calendar](#)  
[4-H Science, Engineering and Technology Updates](#)  
[4-H Healthy Living Updates](#)

### DIRECTOR UPDATES

#### Adult Volunteers the Heart of the 4-H Program

For nearly a hundred years the 4-H Youth Development Program (4-H YDP) has capitalized on the powerful influence of caring adults in the lives of children and youth. Central to the success of 4-H are the talented and dedicated adult volunteers, who are the heart of the 4-H program, providing valuable programmatic leadership and build caring and nurturing relationships with 4-H members. Research over the past three decades continues to show that caring adults can be a protective factor in high risk situations and provide safe environments for youth to develop independence and confidence. Resilient youth who thrive despite obstacles, typically have one or more caring adults who are active and present in their lives, coaching their perseverance.

Every county in the state is in the process of appointing, highly motivated teams of adult volunteers, older youth, and staff who will attend regional trainings this spring on the 4-H Thriving framework. Each team is committed to extending the training to their county 4-H volunteers to enhance their work in assuring our 4-H members *ignite their spark, flex their brains and reach their goals...Growing Youth Who Thrive!*

Watch for more ways to get involved!



Regards,

Sharon Junge  
Acting Director, Statewide 4-H Youth Development Program

# CA 4-H FOUNDATION UPDATES

## Updates from the CA 4-H Foundation

As the year is nearing an end it is a good time to look back on 2010 as well as look forward to 2011. 2010 was a very productive year at the [CA 4-H](#) Foundation! Our focus has been on working directly with local organizations to increase their capacity to raise more funds locally. The Foundation hosted 7 workshops that were well attended and I hope, created a heightened awareness around seeking and engaging a wide range of supporters. Additionally we worked with several counties in very specified ways to increase their funding capacities -in particular Santa Barbara and Sacramento County. In Santa Barbara we worked to create collaborative funding efforts between the county office, local foundations, the Volunteer Leader's Council and local 4-H support organizations. Over \$45,000 was raised for use in Santa Barbara County and additional staff time to provide volunteer support was the result. In Sacramento County, we worked with the county advisor and the Leadership Council on very specific fundraising training that will be implemented by them in 2011 and which promises to reap great rewards. With these two models and others in development, we hope to show that effective fundraising is not only possible but deeply rewarding and even fun!

We were able to increase our own capacity by hiring a full time Director of Annual Giving and Alumni Relations, Amy McGuire. Amy has been steadily working on creating a state-wide alumni program that will provide a path for the continued engagement and support of Ca 4-H's many distinguished alumni—a group of people that truly understand the value of 4-H!. In this regard, Amy has been meeting with constituents across the state. These alumni encompass many different ages, experiences, and connections to Ca 4-H. She has also been researching other alumni models and meeting with other alumni program professionals in order to get the latest information and practices on alumni programs. We will be creating and unveiling an exciting alumni program in early 2011.

Lastly, I want to thank all of you that have welcomed me into your counties and into your Leadership Council meetings. In 2011 I will continue to get out to meet with you, hear your 4-H stories, find out how the Foundation can support your efforts and have another banner year in 2011. I am looking forward to 2011 and anticipating another great year!

For more information on these exciting programs and projects, please contact the foundation at [cafourhfdn@ucdavis.edu](mailto:cafourhfdn@ucdavis.edu).

Annette Leeland  
Executive Director  
California 4-H Foundation

## IDEAS THAT WORK

- The **4-H Thrive team** continues to build the 4-H volunteer training and development platform and program delivery modules that will move 4-H youth on a positive trajectory toward thriving.

We have launched 4-H Thrive at a statewide staff conference in late September. Most recently we presented the concepts of 4-H Thrive at the State Leaders' Forum. We introduced the concepts of identifying sparks, creating a growth mindset, the 6 C's, and developing goal-setting habits. We're happy to report that 4-H Thrive is giving us a common language to help young people light their spark, flex their brain and reach their goals.

We are continuing to develop activities, lesson plans and training modules that will be used to train county-based master trainers during the winter and early spring. Look for volunteer training opportunities in your county in late spring and summer. Youth materials are scheduled to be released for use in

projects and club meetings by fall 2011. For any questions on Thrive, please contact Ravinder Ranghi, [rsranghi@ucdavis.edu](mailto:rsranghi@ucdavis.edu) or Gemma Miner, [gmminer@ucdavis.edu](mailto:gmminer@ucdavis.edu).

- Our **Operation Military Kids** provides tangible support to children of deployed National Guard and Reserve personnel as well as to children of severely injured service members through grants for enrichment activities and tutoring. Such activities help these children cope with the stress of having a parent in a war zone or recovering from injury at home. Our Military Kids grants are made to honor the sacrifices that military families make and to ensure that their children have access to sports, fine arts, or academic tutoring programs.
- Your 4-H group can also assist families of the deployed National Guard and Reserve, information is available to make it easier for you to spread the word about the Our Military Kids grant program. For more information on this valuable resource please visit <http://www.ourmilitarykids.org/>.

## PROGRAMS

- Are you ready for California or Washington Focus? Enrollment for the 2011 summer programs is due January 10. To learn more go on-line to: <http://www.ca4h.org/Projects/Citizenship/Focus/>. Check with your county 4-H office to see if staff will be entering your registration or if you will be doing it from your own computer. Get ready for a fun, active way to enhance your leadership and civic engagement skills while you meet other 4-H members from across the state and nation? Financial assistance is available. Contact Pat English at: [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu).

**California Focus**, June 17 – 21 in Sacramento

### **Washington Focus #1**

June 26 – July 4, Road to Democracy - Washington, D.C.; Williamsburg, Jamestown/ Yorktown or  
June 26 – July 2, Heritage Trail I – Washington, D.C.

### **Washington Focus #2**

July 10 – 19, Global Journey - Washington, D.C, Philadelphia, & New York or  
July 10 – 16, Heritage Trail II – Washington, D.C.

- Applications for the District Leader Intern position with the California Focus Program will be available by November 10. Look for the application on line at: <http://www.ca4h.org/Projects/Citizenship/Focus/CF/>. Please let young adults, ages 18 – 25, know about this great leadership experience planning and carrying out California Focus. The dates of the conference are June 17-21, 2011. There will be two training weekends in the spring for staff to come together as a team and develop this year's education program.
- The world is shrinking!! This isn't the opening line of a science fiction story. It's true! We live in a global community. In our inter-related world, events in one country affect others and we have many more opportunities to interact with people from around the world. Find out how you can begin to prepare yourself to be an active citizen in a global world by participating in the **4-H International Exchange Programs**. In 2011, California 4-H members and families will host students from **Costa Rica, Japan, and Norway**. In addition, 4-H members and leaders can travel outbound to **Australia**. Information about the 4-H programs is available at: <http://www.ca4h.org/Projects/Citizenship/International/> or by contacting Pat English at [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu) or 530-754-8520.

## EVENTS AND DEADLINES

- 4-H Professionals, staff and volunteers are invited to take part in the **4-H Science Video Challenge**, "Lights, Camera, Challenge!" in which digital video submissions that educators and volunteers can use in their teaching of science programs. Submissions will be accepted **October 25-January 31, 2011**. Visit [www.4-h.org/videochallenge](http://www.4-h.org/videochallenge) for more information and resources.
- The **2011 Western Regional Leaders' Forum**, "Cruise to 4-H Excellence!" is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit: <http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.
- The **State 4-H Fashion Revue** committee has a new event manual for counties, participants, families and judges. You can access it at <http://www.ca4h.org/Programs/Events/SFR/>. The manual explains what SFR is, who may enter, the age divisions and outfit categories, and introduces the rubric scorecards which will be used at the state event in 2011. It is not required for this manual to be adopted by county or sectional competitions, but it is recommended that it be used as the state-wide standard for 4-H Fashion Revues. State Fashion Revue will be **May 28, 2011** as part of State Field Day at UC Davis. We hope counties will be including the \$15 Challenge category in their county events; see the flyer at the same website. For information about SFR or to join the committee, contact Karli Draxler, Youth Chair, at [chat2kd@unwiredbb.com](mailto:chat2kd@unwiredbb.com).

## FUNDING OPPORTUNITIES

- **For Staff:** The Department of Labor has released grant applications for the **YouthBuild youth and community development programs**. This program is designed for youth ages 16-24 in which youth obtain a diploma while earning certification in construction skills and building housing for others in need in their community. More information and requirements of the program can be found [here](#).
- **For Staff: Starbucks Shared Planet Youth Action Grants**  
Funding is available from the Starbucks Foundation to support organizations that provide youth ages 6-24 a variety of opportunities to develop creative strategies to solve issues in their community and beyond. Grants vary between \$10,000 to \$30,000 on average. Submissions will be accepted until **January 31, 2011**. Visit [www.starbucksfoundation.com](http://www.starbucksfoundation.com) for more information.
- **Lowe's Charitable and Educational Foundation (LCEF)**  
Nonprofit organizations with 501(c)3 status and public agencies operating in communities where Lowe's stores and distribution centers are located are eligible to apply. Grant funds are available for community improvement projects. Grant amounts range from \$5,000 to \$25,000. Application awards are ongoing. To apply, organizations will need to take an eligibility test. For more information and to apply, click [here](#).
- **Pay it Forward Minigrants**  
Pay it Forward Foundation's - Pay It Forward Mini-Grants are designed to fund youth-identified projects with educational value that benefit their school, neighborhood, or greater community. Programs must illustrate how their projects will embody a "pay it forward" concept, where benefits multiply exponentially in the community. Grant applications are considered throughout the year. For more information go to <http://www.payitforwardfoundation.org/educators/grant.html>.
- **Do Something Youth Grants**  
U.S. and Canadian citizens 25 or under are eligible to apply for \$500 Plum Youth Grants. These grants are designed to further the growth and success of a recently created community action project or organization. Applications are accepted on a rolling basis and grants are awarded weekly. For more information and to apply click [here](#).
- **Jenesis Group Grants**

The Jenesis Group is offering grants to support youth development, education and social entrepreneurship. Nonprofit organizations with 501(c)3 status are encouraged to apply. The Foundation invests in grass roots organizations working to empower at-risk and/or disadvantaged youth to become productive citizens. Priority is given to programs with preventative approaches and comprehensive long-term solutions to challenges facing youth today. Click [here](#) for more information.

- **3M Community Giving Grants**

Organizations located in the 3M communities (the following are CA specific) of Corona, Irvine, Monrovia, Northridge, Ontario, and Petaluma and are involved in initiatives to increase student interest and achievement in math, science, or economics; afterschool programs with other learning and/or prevention components; as well as organizations with initiatives to enhance the quality of cultural life, or the sustainability of the planet are eligible to apply for 3M Community Giving grants. The deadline is rolling, and to apply a letter of inquiry must be sent to the local 3M facility. Click [here](#) for more information.

## INCENTIVES AND RECOGNITION

- **My 4-H Record Book:** Does your county use its own record book forms, budgets, documents, reports, or writing prompts? The Incentives and Recognition (I&R) Committee is requesting submissions of county-specific record book forms. Help us build **My 4-H Record Book**, a statewide online 4-H record book system, by contributing your county record book (specifically leadership and junior leadership) forms to Hogan Tong: [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu). Deadline for submission is 5:00 p.m. on **Friday, January 14, 2011**.
- Special Recognition at the **2011 State 4-H Presentation Day**. In 2011, California 4-H will offer a thematic recognition pin for youth who participate in State Presentation Day and focus their presentations on one of the following areas: Science, Engineering and Technology, Healthy Living, and Military Youth. Participants may only choose one focus area for their presentation, and the area must be the primary topic of the presentation.
  - Resources: **Science, Engineering and Technology (SET)**All youth can be scientists! 4-H engages youth in learning about the natural world by using science skills, such as observing, questioning, comparing, relating, inferring, designing and building. This year's focus is on the *natural properties and the human interactions with water*. Presentation topics may focus on the science of water (chemical, physical, biological), water on the earth (watersheds, water cycle, bodies of water), human history of water (water use around the world, transportation, culture, philosophy), the human impacts on water quality and quantity (conservation, pollution), or more. For additional information about 4-H SET, visit [www.ca4h.org/Projects/SET](http://www.ca4h.org/Projects/SET).
  - Resources: **Military Youth: "Speak Out for Military Kids"**  
Speak Out for Military Kids is a special project between the U.S. military and 4-H. Military and non-military youth are encouraged to create presentations that *generate community awareness* of issues faced by military youth when a parent is in the deployment cycle. For more information about the 4-H Military Partnership, visit [www.ca4h.org/Programs/MilitaryPartnership](http://www.ca4h.org/Programs/MilitaryPartnership).
  - Resources: **Healthy Living**  
4-H provides youth with opportunities that will increase the knowledge, skills and adoption of healthy habits. This year's focus area is *injury prevention*. Potential topics may include bullying, bicycling safety, animal and livestock safety, protective equipment (seatbelts, helmets), athletic training (stretching, warming up), hunting equipment, ATV safety, teen drivers, water-related injuries, dating violence, fire safety and more. For additional information about 4-H Healthy Living, visit [www.ca4h.org/Projects/HealthyLiving](http://www.ca4h.org/Projects/HealthyLiving).
- **For Staff:** A professional development opportunity is available for 4-H staff to participate as a team member for **4-H National Program of Distinction Peer Reviewing**. Click [here](#) for more information. Applications will be accepted through November 30. Visit often as each month a new program will be featured!

## YOUTH DEVELOPMENT RESEARCH

- **Two on-line searchable databases** for 4-H research have been created. If you have recently completed a research study, thesis or dissertation on 4-H, please consider submitting your work to either the [1<sup>st</sup> database](#) housing research studies, agricultural experiment station projects, journal articles and papers or the [2<sup>nd</sup> database](#) housing 1,700 4-H Graduate Studies.
- The Harvard Family Research Project hosts a website resource, The Harvard Family Research Project Out-of-School Time Program Research and Evaluation Bibliography. There have been 10 new entries and additional updates to studies and research. Among the topic areas of update are: promoting physical activity and healthy eating among children. Click [here](#) to visit the site today.
- Please visit the **4-H Center for Youth Development's** website, <http://www.ca4h.org/Research/CYD/> to find the latest research findings and updates of ongoing studies in the field of youth development.

## FOR 4-H STAFF

- **For Staff:** A networking opportunity for after-school professionals is available from the CYFERnet Program. Recruitment is under way for a **CYFERnet School-Age Editor**. Applications will be accepted through Nov. 30. Click [here](#) for a full job description.
- **For Staff:** National 4-H Council has made available the link to a recent webinar for 4-H professionals on 4-H National Mentoring Program. Click [here](#) to listen for more ideas and for future webinar dates.
- **For Staff:** The latest newsletter for Western Agricultural Educators is now available and contains helpful resources and information on the Request for Applications for the 2011 Extension Risk Management Education Grants Program. Visit <http://westrme.wsu.edu/> for more information today.
- **For Staff:** Please enter your request for administrative curriculum materials by January 10. Your request can be made through the website at: <http://www.ca4h.org/Resources/StaffResources/> Link to the DANR Portal and Publication Materials.
- **For Staff:** A DVD with citizenship materials (including a new CA Focus video) and a CD with global education materials will be arriving in all county 4-H offices by November 21. Please watch for it. Contact Pat English for more information, [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu).
- **For Staff – Staff receiving IRS communications** and request for tax reporting for tax periods 2007 and 2008 should respond as requested with proof of prior filing. 4-H units are not to file for tax period 2009. Please contact Whitney Bell, [webell@ucdavis.edu](mailto:webell@ucdavis.edu) if you have continued questions regarding any IRS communications received.
- **For Staff – For the 2010-2011 4-H program year fees**, county staff will be sent out an enrollment form with instructions to complete; accounting for the enrollment totals for the first portion of the 2010-2011 Program enrollment year. Forms and payments will be due to the State 4-H Office, Attn: Whitney Bell by January 31, 2011. Contact Whitney at [webell@ucdavis.edu](mailto:webell@ucdavis.edu) for more information.
- **For Staff – The 2011 National Extension Conference of Volunteerism**, April 18-21, 2011 in Coeur d'Alene, ID, presents the opportunity for Extension professionals to gather and share resources and ideas from across the nation. The conference planning committee also extends the invitation to staff for workshop, research presentations, and poster session proposals. Visit <http://www.4h.uidaho.edu/default.aspx?pid=119530> to register today.

- **For Staff** - In lieu of a separate CYFAR Conference in 2011, The **2011 Department of Defense/USDA Family Resilience Conference: Forging the Partnership** will be held in Chicago, April 26-29, 2011. For those interested in submitting for a call for proposals, you may download the application form [here](#) and visit <http://www1.cyfernet.org/partnership2011/> for more information. Save these dates, as registration opens in January 2011.

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