



CIVIC ENGAGEMENT

4-H COMMON MEASURES REPORT
2017-18



University of California

Agriculture and Natural Resources

4-H Youth Development Program

Civic Engagement



Introduction

4-H learning experiences are based on the principles and practices of Positive Youth Development. The structured learning, encouragement, and adult mentoring that young people receive through their participation in 4-H plays a vital role in helping them achieve future life success. Positive Youth Development views young people as vital resources with assets and potentials to be developed rather than as problems to be managed. 4-H staff and volunteers intentionally address youths' basic needs by intentionally integrating elements within 4-H experiences that create environments conducive to optimizing youth development.

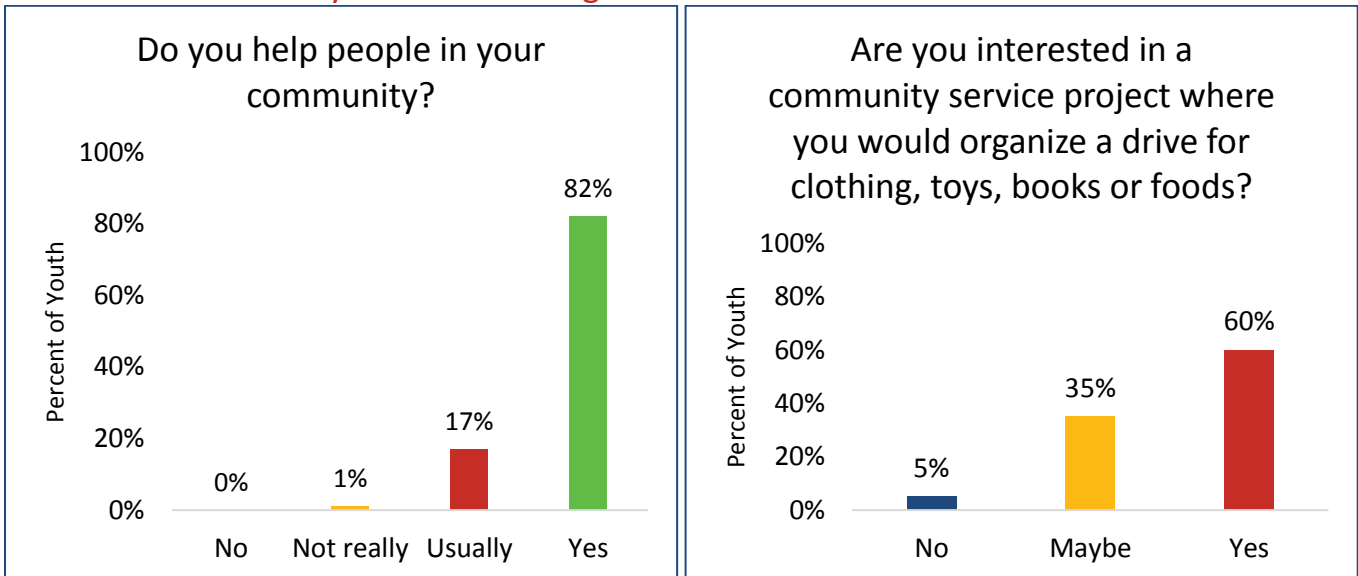
This report summarizes the impact of our 4-H Positive Youth Development programs on our youth.

Participants' 4-H Experience

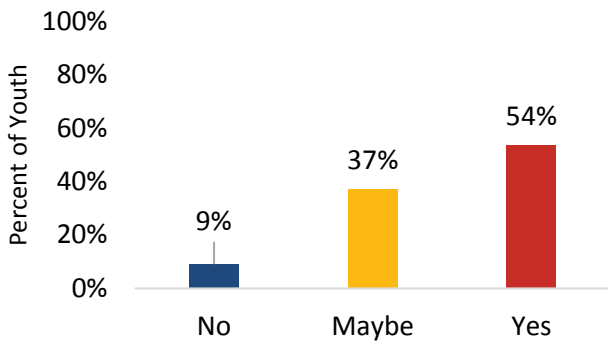
779 youth completed the Civic Engagement survey during the 2017-18 program year. Youth were between the ages of 9 and 18, with the average age being 12.33 years (standard deviation= 2.36 years). The average number of years in 4-H was 3.93 (standard deviation=2.62). The sample was 65% female and 35% male. The racial breakdown of the sample was: 80% White, 0.5% African American, 3% Asian, 1.5% Native American, 0.3% Pacific Islander, 7.9% Multiple, and 7% Undetermined. 16% of youth were Hispanic. Youth lived in farm (25%), rural (24%), town (22%), suburb (18%), and city (11%) areas.

Youth were asked a number of questions about what they may have learned during this program. Results are shown in the figures that follow. These results are based on youth who had permission to use their data. (Percentages may add up to 99% or 101% due to rounding.)

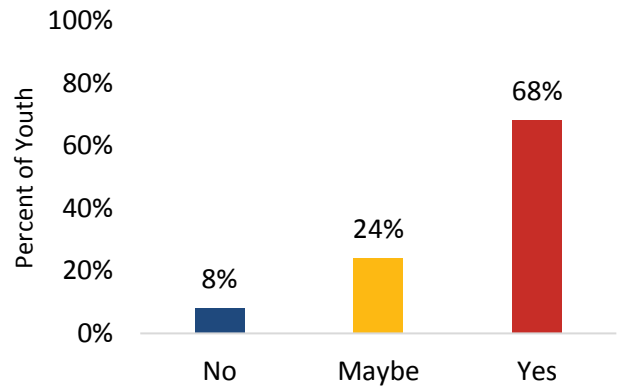
Interest in Community Service & Giving Back



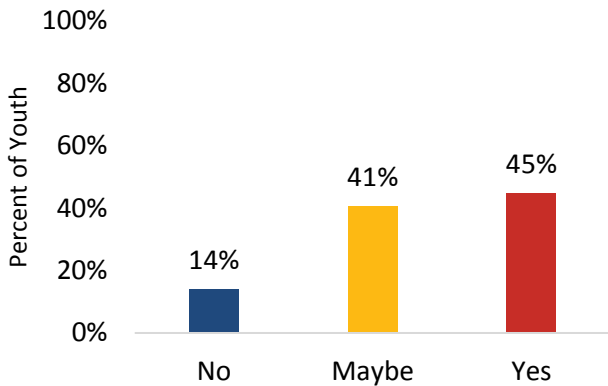
Are you interested in a community service project where you would serve meals at a homeless shelter?



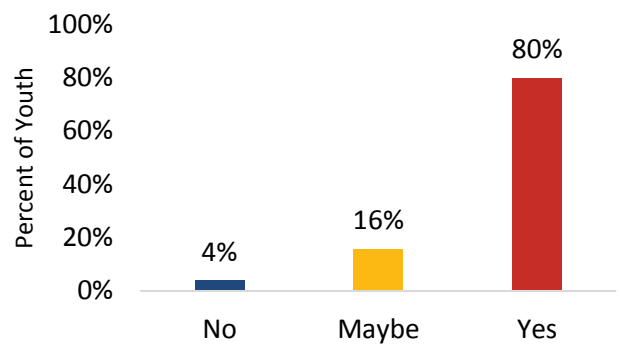
Are you interested in a community service project where you would teach younger kids?



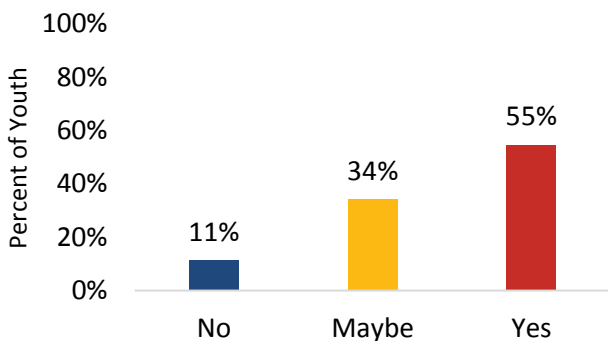
Are you interested in a community service project where you would pick up trash outside?



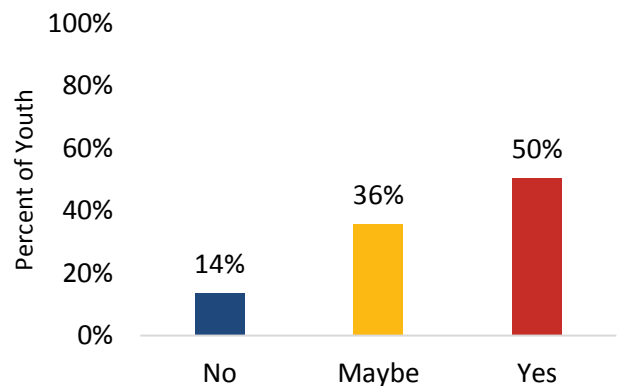
Are you interested in a community service project where you would walk dogs at an animal shelter?



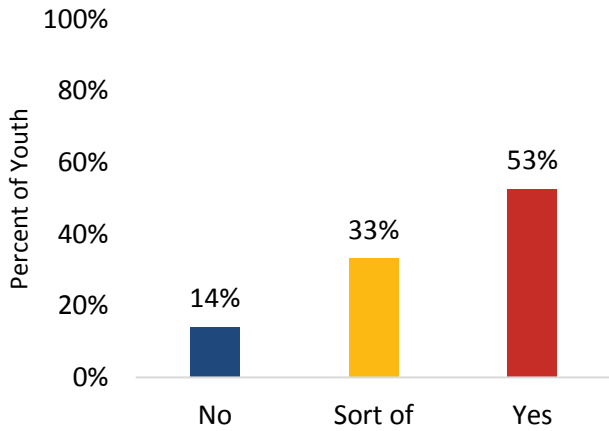
Are you interested in a community service project where you would visit people in a nursing home?



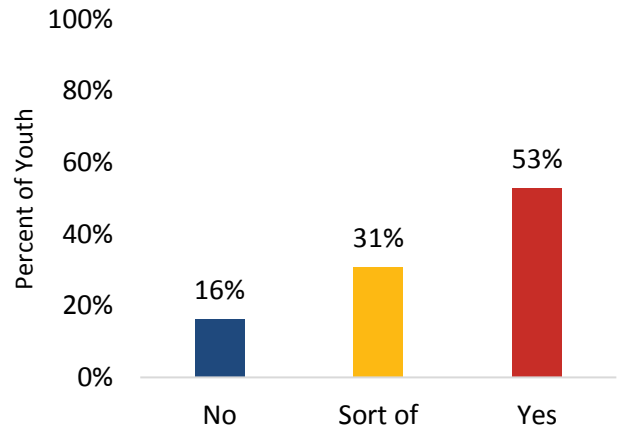
Are you interested in a community service project where you would plan a fundraiser?



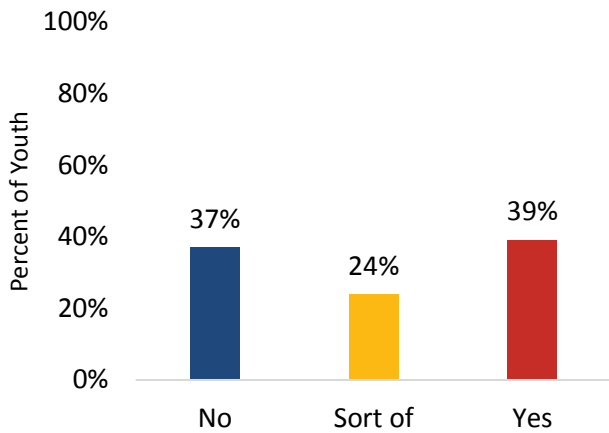
Because of 4-H, did you meet leaders in your community?



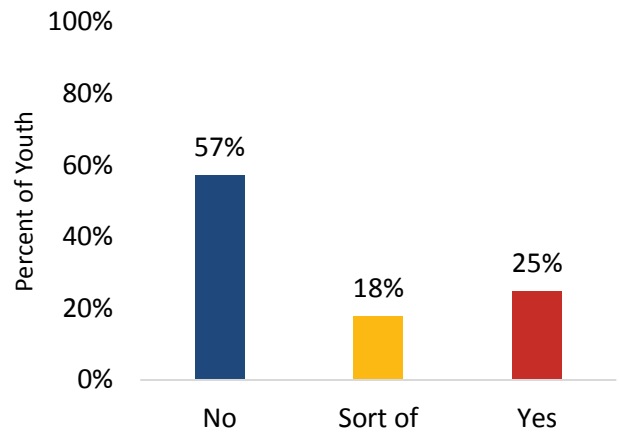
Have you encouraged others to volunteer in your community?



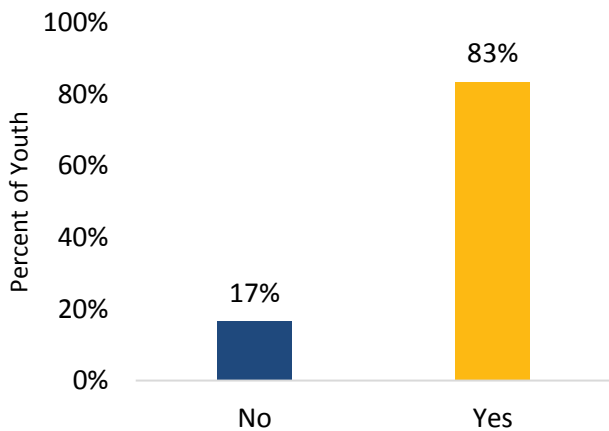
Have you ever helped plan a community service project?



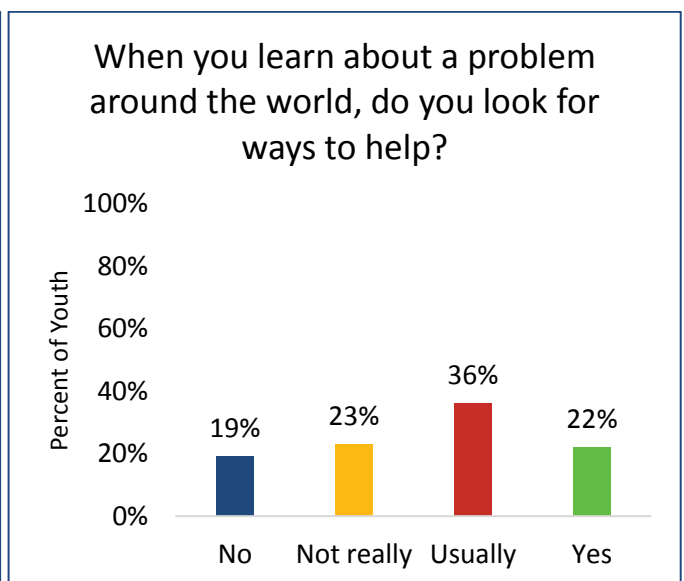
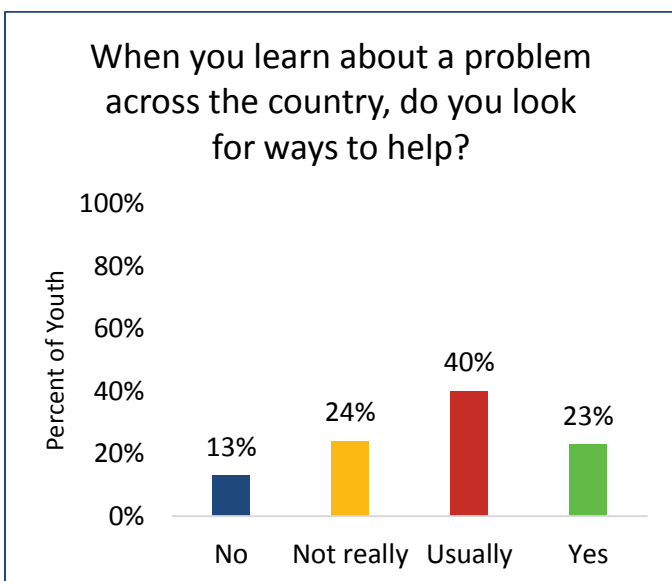
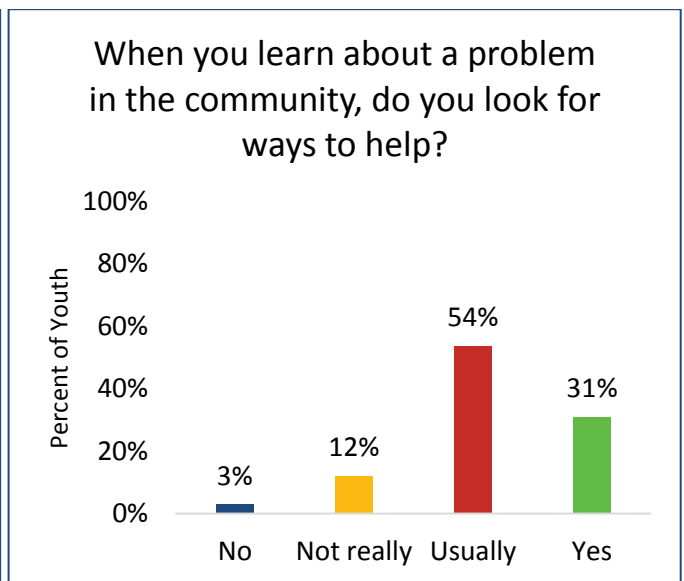
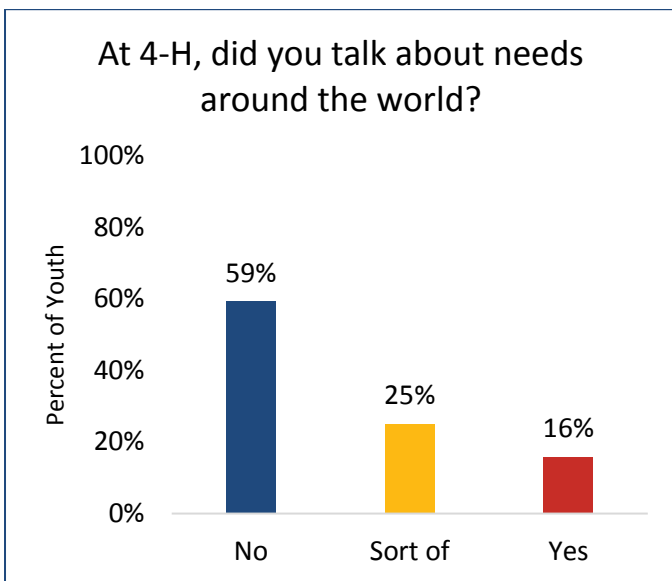
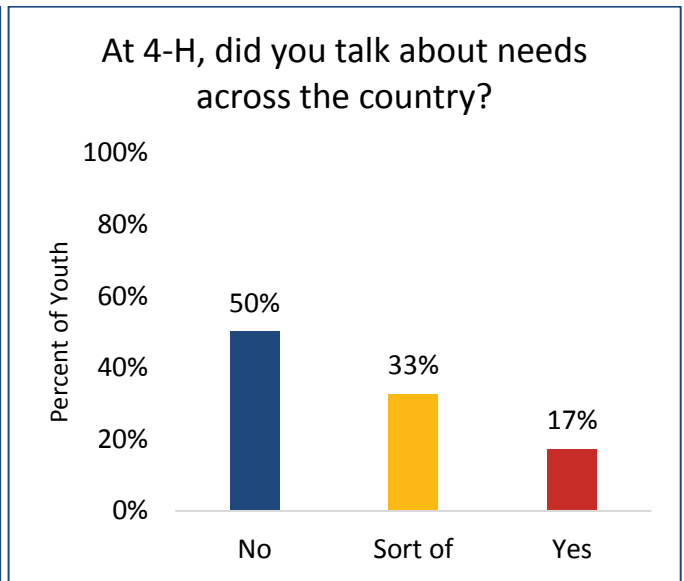
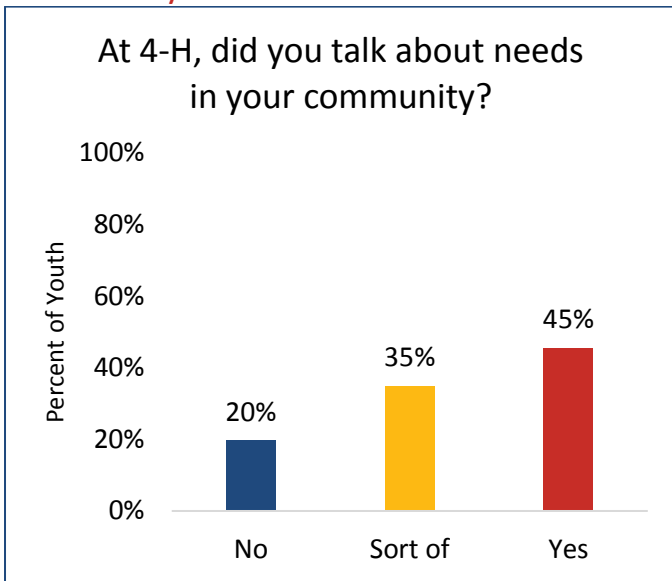
Have you ever led a community service project?

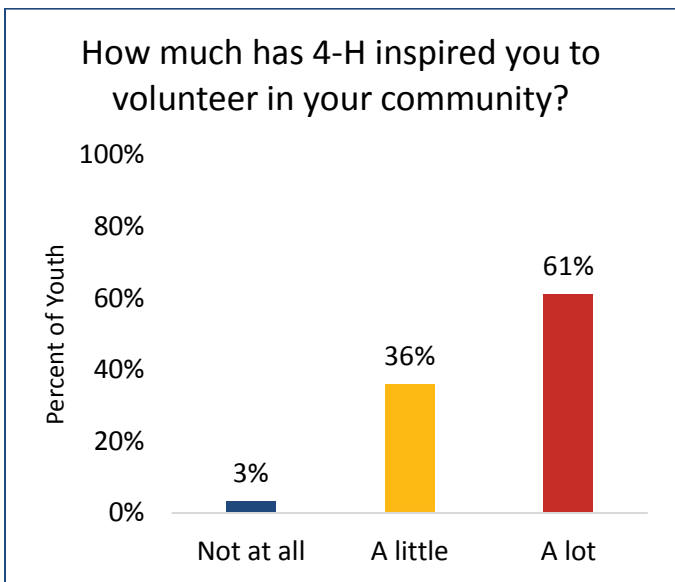
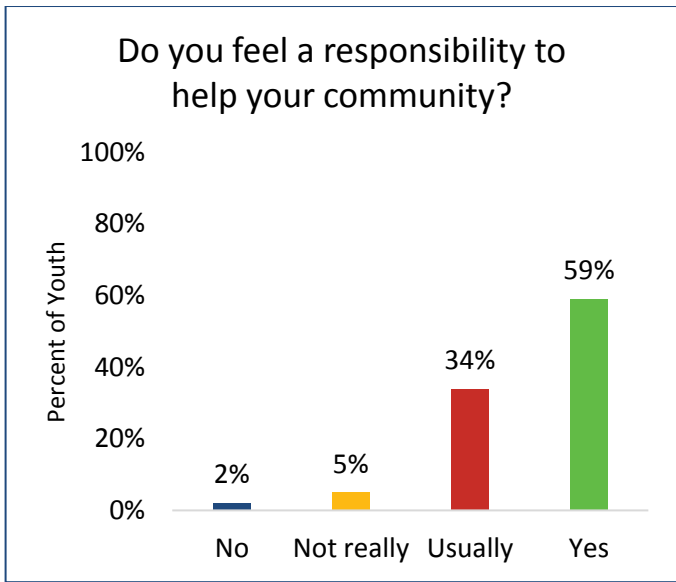
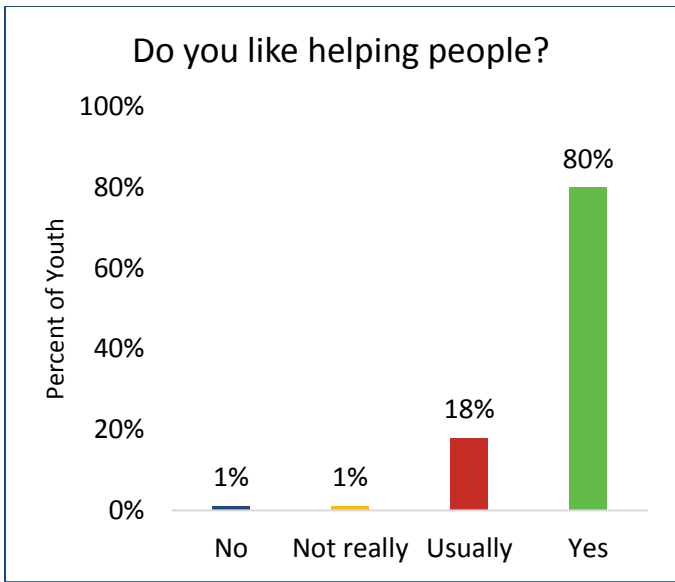


Have you ever done a community service project?



Community Awareness





Conclusion

Youth-driven 4-H experiences provide young people access to safe learning environments; challenging experiences that build skills, competencies, and resiliency to address life's challenges and to actively contribute to society; and partnerships with caring adults to help meet youths' basic needs of belonging, mastery, independence, and generosity. Youth who participate in 4-H report better grades, higher levels of academic competence, and an elevated level of engagement at school. They are also nearly two times more likely to plan to go to college. The structured learning, encouragement and adult mentoring that young people receive through their participation in 4-H plays a vital role in helping them achieve future life successes.