



4-H California Focus General Information for Participants

Contacts on-site

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[Holiday Inn Sacramento Downtown-Arena](#), 300 J Street, Sacramento, CA 95814, (916) 446-0100

California 4-H Office

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California Focus participants are referred to as “delegates”. They are representing 4-H as well as their counties.

To prepare for this conference, delegates are asked to do the following before the conference.

1. **Review the Cal Focus Pre-conference Handbook.** Details about all of the following are included.
2. **Educate yourself about your county.** See the worksheets in the handbook. Optional – prepare a presentation about your county.
3. **Talking points about 4-H:**
 - a. Types of service projects 4-H is doing in your county.
 - b. What 4-H means to you.
 - c. Talk about your experience at the California Focus conference.
4. **Make an appointment with your State Legislators (Assemblyperson and/or Senator).**
 - a. Find your legislators by your address: <http://findyourrep.legislature.ca.gov/>
 - b. Schedule your appointment for Monday, June 25, 2018 between 10:00 am and 1:00 pm.
 - c. [Log your appointment online](#) by June 20, 2018 so we can coordinate chaperones and groups.



- d. Make a plan for your visit with your legislator. See the tips in the Pre-conference handbook.
 - e. Call to confirm your appointment by June 22, 2018 and record any changes in the [appointment log](#).
5. **Review the Service Learning Project Planning Guide** to prepare for developing a Project Plan while at the conference. <http://4h.ucanr.edu/files/255116.pdf>
6. **Social media:** Use the official hashtags for California Focus to share on social media: #4HCalFocus
7. **Dress Code**
- a. All clothing must fit into California 4-H dress guidelines: <http://4h.ucanr.edu/files/210170.pdf>
 - b. All delegates will receive a 4-H polo shirt to wear on Sunday, June 24 when at the Capitol and Old Town Sacramento Please wear this polo with khaki, black or navy pants/skirts. Jeans in good condition are acceptable.
 - c. Business Casual wear (khakis or dress pants, button down or polo shirts, dress shoes) is required during the entire conference.
 - d. Please make sure shoes are comfortable for walking – we will do a lot of walking!
 - e. Casual wear (jeans, shorts, t-shirts, tennis shoes, sandals) is allowed only during the pool party, and other recreational activities.
8. **Packing list reminders**
- a. County flag with pole (optional – check with your county 4-H Representative)
 - b. County items for trinket trading (optional – check with your county 4-H Representative)
 - c. The weather in Sacramento in June is hot – please pack lightweight clothing.
 - d. Laundry facilities and time to do laundry is limited.
 - e. We will have a pool party – bring a swimsuit and appropriate cover-up/t-shirt.
 - f. Camera, phone and charging accessories
 - g. Notebook and pens. Laptops or tablets are not required but are approved to bring at your own risk.
 - h. Personal spending money – most food is included in your registration. Dinner Friday and lunch Monday are on your own and we will have time to explore Old Sacramento.



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■ **4-H Youth Development Program**

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