



California Focus General Information for Participants

Contacts on-site

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California 4-H Office

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California Focus participants are referred to as “delegates”. They are representing 4-H as well as their counties.

To prepare for this conference, delegates are asked to do the following before the conference.

1. **Review the Cal Focus 2017 Pre-conference Handbook.** Details about all of the following are included.
2. **Educate yourself about your county.** See the worksheets in the handbook. Optional – prepare a presentation about your county.
3. **Talking points about 4-H:**
 - a. 4-H motto
 - b. How 4-H is supported by the University of California
 - c. How 4-H is supported by the USDA
4. **Make an appointment with your State Legislators (Assemblyperson or Senator).**
 - a. Find your legislators by your address: <http://findyourrep.legislature.ca.gov/>
 - b. Schedule your appointment for Monday, May 19, 2017 between 10:00 am and 1:00 pm.
 - c. Make a plan for your visit with your legislator.
 - d. Call to confirm your appointment.
5. **Review the Service Learning Project Planning Guide** to prepare for developing a Project Plan while at the conference. <http://4h.ucanr.edu/files/255116.pdf>



6. **Social media:** Use the official hashtags for California Focus to share on social media:
#CalFocus17

7. Dress Code

- a. All clothing must fit into California 4-H dress guidelines:
<http://4h.ucanr.edu/files/210170.pdf>
- b. All delegates will receive a 4-H polo shirt to wear on Sunday, June 18 when at the Capitol and Old Town Sacramento Please wear this polo with khaki, black or navy pants/skirts. Jeans in good condition are acceptable.
- c. Business Casual wear (khakis or dress pants, button down or polo shirts, dress shoes) is required during the entire conference.
- d. Please make sure shoes are comfortable for walking – we will do a lot of walking!
- e. Casual wear (jeans, shorts, t-shirts, tennis shoes, sandals) is allowed only during the pool party, and other recreational activities.

8. Packing list reminders

- a. County flag (optional – check with your county 4-H Representative please bring a pole if possible)
- b. County items for trinket trading (optional – check with your county 4-H Representative)
- c. The weather in Sacramento in June is hot – please pack lightweight clothing.
- d. Laundry facilities and time to do laundry is limited.
- e. We will have a pool party – bring a swimsuit and appropriate cover-up/t-shirt.
- f. Camera, phone and charging accessories
- g. Notebook and pens. Laptops or tablets are not required but are approved to bring at your own risk.
- h. Personal spending money – most food is included in your registration. Dinner Friday and lunch Monday are on your own and we will have time to explore Old Sacramento.

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