|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Tell us how strongly you agree or disagree with the following statements** | **Strongly disagree** | **Disagree** | **Neither agree nor disagree** | **Agree** | **Strongly agree** |
| I keep trying as many different options as are necessary to succeed at my goal | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| For important things, I pay attention to whether I need to devote more time or effort | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| I think about how I can reach my goal | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| I work hard to reach my goals | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| When I have started something that is important to me, but has little chance at success, I try even harder | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| When I decide upon a goal, I stick to it | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |
| When things don’t work as usual, I look for other ways to achieve them | [ ]  | [ ]  | [ ]  |[ ] [ ]
| When something doesn't work as well as usual, I look at how others do it | [ ]  |[ ] [ ]  [ ]  | [ ]  |
| I always pursue goals one after the other | [ ]  | [ ]  | [ ]  |[ ] [ ]
| When I’m working on a goal, I check my progress to make sure I will reach my goal |[ ] [ ] [ ] [ ] [ ]