



"Updates" is sent out once a month to two email lists: one for 4-H Staff and a week later to our General News email list.

## September 2009

[Statewide 4-H Online Calendar](#)  
[4-H Science, Engineering and Technology Updates](#)

### DIRECTOR UPDATES

- 4-H Participation Makes a Difference!

Those of us involved in the 4-H YDP have long known that participation in 4-H programs makes a difference in the lives of youth. Now we have evaluation data that supports these long held claims. Data collected in a national longitudinal study of 4-H and non 4-H youth provides strong evidence that when the strengths of youth are aligned with healthy positive youth development practices youth thrive (Learner, 2007, 2008, and 2009).

Here are some of the highlights of the national study:

- Youth who were in 4-H for at least one year by eighth grade were 3.5 times more likely to contribute to their families, themselves and their communities.
- 4-H youth ranked 41% lower in risk/problem behaviors measures than youth who participated in other out-of-school time activities.
- 4-H youth were more behaviorally and emotionally engaged in school.
- Youth who participated in 4-H at least twice per month:
  - Showed greater confidence
  - Reported higher grades
  - Were 1.6 times more likely to plan to go to college
  - Scored higher on civic identity and engagement measures
  - Had a greater ability to express opinions on community issues
  - More likely to help neighbors and bond with adults and teachers
- Youth who participate in 4-H are more likely to participate in science, engineering, and technology activities, projects and programs, and:
  - Report they plan to take science, engineering and technology courses after high school
  - Pursue careers in science, engineering and technology
  - Perform higher than their peers in science and engineering subjects

\*The 4-H Study of Positive Youth Development <http://ase.tufts.edu/iaryd/> ;waves four, five and six data.

### CA 4-H FOUNDATION UPDATES

No items to display this month.

## HEALTHY LIVING INITIATIVE

No items to display this month.

## IDEAS THAT WORK

- **4-H Military and Operation Military Kids Projects** are showing great success. This summer nearly 200 military youth attended 4-H Summer Camps in Los Angeles, Merced, Tehama, Placer, Glenn and Nevada Counties. Here is a great article on one of the camps:  
<http://www.army.mil/-news/2009/07/22/24757-black-butte-lake-park-ranger-teaches-water-safety-to-operation-military-kids-campers/index.html> Other military youth have been engaged in other 4-H projects including the gardening project in Ventura. You can read the results here:  
<http://www.venturacountystar.com/news/2009/aug/03/military-base-kids-enjoy-coaxing-food-from/>

- Greetings ~ I am pleased to introduce myself as **Annette Leeland, Executive Director for the California 4-H Foundation**. As the "greenest" member of our 4-H family, I have spent my first few weeks meeting many of you across the state who represent the rich tapestry of 4-H. The 4-H stories you have shared are full of inspiration, in many instances spanning generations and, perhaps most importantly, illustrate the power of 4-H in growing leaders of all ages who are grounded in true knowledge and experience.

In these unprecedented budget times for all Californians, we have a tremendous opportunity to write our future in a new way that strengthens 4-H from the ground up. We have joined hands with the State 4-H Office to begin developing a long-range strategic funding plan that is representative of the collective 4-H family and its values, so that every member, leader, parent, volunteer and program staff has the resources they need to effectively "do" 4-H in their respective communities.

Building the capacity of 4-H is truly a team effort that must include every member of the 4-H family working together toward this common goal. Assisting me in developing this team across the state are the Foundation staff, Tammie Erhard and Stephanie Gallagher, who bring 33 years of combined experience in fund development. We look forward to partnering with you in developing these strategies and using all our talents to ensure 4-H continues to tell its important story for generations to come.

## PROGRAMS

- An updated online and searchable **4-H Handbook** was released on July 1, 2009. You can find it on the California 4-H Website. You can expect additional support documents throughout the year. Here are three new enhancements:
  - Electronic Check Conversion Frequently Asked Questions ([link](#)) - provides an overview of the electronic check conversion process and how to review monthly bank statements that contain checks that have been electronically converted.
  - 4-H YDP Petting Zoos and Interactive Animal Displays Frequently Asked Questions ([link](#))- provides answers to safety resources and insurance coverage for these activities.
  - 4-H YDP Shooting Sports Handbook ([link](#))- provides updated guidance to the 4-H YDP shooting sports project and activities.
- "What's in YOUR closet?" Planning has begun for **2010 State 4-H Fashion Revue**, to be held during the State

4-H Field Day at UC Davis! We'll have new, exciting activities, so join us by serving on the State Fashion Revue Committee. Needle Arts will not be offered this year, but Traditional, Consumer Science-Purchased, Wearable Art and Recycled categories remain in addition to our new 2010 Challenge. The **Challenge pattern is Simplicity #4762, a vest that can be customized to fit your needs.** Is it a formal vest or a durable one for fishing or hunting? Need extra pockets? Leather trim? Vests can be made for girls with a few simple adjustments and can coordinate with many different outfits. Use your imagination to create a masterpiece for State Fashion Revue. For information go to <http://www.ca4h.org/projresource/fashion/> or contact [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu).

- Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the **2009 California 4-H Computer Corps!** The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by **September 30, 2009**. More information is available at <http://ca4h.org/wrp/compcorps/>.

## EVENTS AND DEADLINES

- **4-H Train-the-Trainer Babysitting Course**

The 4-H Military Partnership Program is offering a Training course on the 4-H Babysitting Curriculum at the 4-H State Office. **September 25, 10:30am-3:30pm**

The Babysitting Curriculum is designed to help middle school and teenaged youth to learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. This course can be beneficial in training youth in your 4-H clubs and military afterschool sites. The training is open to all 4-H Staff, 4-H Volunteers, and Military and Community Partner Agency personnel. You will receive a Babysitter's Tool Bag, an Instructor's Guide and Student Handbook. For more information, contact Sylena Wise [smwise@ucdavis.edu](mailto:smwise@ucdavis.edu) or 530-752-8585.

- The Afterschool Alliance is extending an invitation to everyone interested in supporting the positive work and impact of afterschool programs for our youth. This is the **10th annual Lights On Afterschool event**, planned for **October 22, 2009**. When registering you will receive posters, events tips and helpful information to make this day a success for your afterschool program. You may visit: <http://www.afterschoolalliance.org/loaHostEvent.cfm> to register today.

- **4-H Shooting Sports Leader Certification for Archery**

A shooting sports training workshop for the archery discipline will be held in **Modesto, CA** on Saturday, **November 7, 8 AM - 4 PM** and Sunday, **November 8, 8 AM - 2 PM**.

Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or [dan\\_burner@yahoo.com](mailto:dan_burner@yahoo.com). Fees are due by **October 23, 2009** and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 95386.

## FUNDING OPPORTUNITIES

- Is your club planning on including a service project in your yearly plan? Does your project need additional resources? The California State 4-H Program offers funds to members and volunteer leaders on a competitive basis through the **California 4-H Service-Learning RFP**. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is

due **September 15, 2009**.

- The **Bob and Pat Dean Memorial Legacy Fund** offers resources in support of club work to 4-H members and their volunteer leaders. Funding is intended for activities that meet the following criteria: 1) enable youth to develop citizenship, leadership, or life skills; 2) support the development of new and innovative 4-H projects benefiting 4-H members; 3) increase public awareness of the 4-H Youth Development Program; 4) expand the reach of the 4-H Youth Development Program (new youth, new audiences); 5) provide continuing benefits to the applicant's local 4-H Club or project. Information is available at: <http://www.ca4h.org/citizenship/funding/> and applications are due **September 15, 2009**.

## INCENTIVES AND RECOGNITION

- The **2010 National 4-H Conference** will be held **March 20-27, 2010** at the National 4-H Center in Chevy Chase, MD. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. 4-H members, volunteers and staff may apply to join the California delegation by **September 30, 2009**. More information is available at <http://www.ca4h.org/conference/n4hc/index.asp>.
- At the **2009 American Horticultural Society's National Children & Youth Garden Symposium**, three children's books received the 2009 "Growing Good Kids - Excellence in Children's Literature Award". This award program recognizes children's books that effectively promote an appreciation for gardening, plants, and the environment. This year's winners are:
  - **The Apple-Pip Princess** by Jane Ray (Candlewick Press)
  - **Big Yellow Sunflower** by Frances Barry (Candlewick Press)
  - **Flip, Float, Fly - Seeds on the Move** by JoAnne Early Macken and illustrated by Pam Paparone (Holiday House)

"This collection of plant-themed picture books are wonderfully engaging, novel and will draw in a wide audience of young readers," says Randy Seagraves, national curriculum coordinator for the National Junior Master Gardeners Program, which jointly administers the award program with the American Horticultural Society. "From unfolding a larger-than-life sunflower, to following seeds' travels in poetry, to becoming lost in a barren kingdom while it is transformed by the gift of a single precious seed, these diverse titles exemplify excellence in children's literature," he adds.

Award nominations for books published in 2009 will be accepted **August 1, 2009 through April 23, 2010**. For more information about the "Growing Good Kids" book award program, visit <http://www.jmgkids.us>.

- The recipients of the **4-H Higher Education Scholarships** have been selected and are:
  - **Dean Memorial Legacy Scholarship** - Jennifer Washman - Placer County, Anne Mahacek - Merced County, Sarah Hazeltine - Yolo County
  - **Mabel W. Jacks Scholarship** - Phillip Rodriguez - San Benito County, Victoria Hamilton - Sonoma County, Rachel Hochstetler - San Diego County, Kristin Ward - San Benito County, Kelsie Pombo - San Joaquin County, Arielle Rosser - Humboldt County, Alina Amaral - Sonoma County, Austyn Smith - Merced County, Andrew Kalinowski - Contra Costa County, Erika Kern - Kern County
  - **American Society of Farm Managers and Rural Appraisers (ASFMRA) Agricultural Scholarship**
    - 2009 Recipient 2 year award: Robert Grant - Monterey County
    - 2009 Recipient 4 year award: Emily Cehrs - Fresno County, Anthony Luis - San Joaquin County
  - **Samarin Family Vocational Education Scholarship** - Tyler Caires - Calaveras County
  - **Frank Woods Memorial Scholarship** - Ann Katuin - Madera County
  - **David Steele Memorial Scholarship** - Hayley Gordon - Stanislaus County
  - **California State Beekeepers Association Scholarship** - Daniel Berke - Yolo County
  - **LA-CO Industries Scholarship** - Jacob Conway - Fresno County, Breanne Harlan - Fresno County

## YOUTH DEVELOPMENT RESEARCH

- The **California 4-H Center for Youth Development** recently had an article published in the Journal of Extension on assessing professional competencies. The article, Use of the PRKC Tool in Assessment of Staff Development, Needs: Experiences from California [Article No. 3FEA7] Heck, Katherine; Subramaniam, Aarti; Carlos, Ramona, can be accessed at <http://www.joe.org/joe/2009june/a7.php>.
- The Federal Interagency Forum on Child and Family Statistics has made its annual report, "**America's Children: Key National Indicators of Well-Being, 2009**" available as a resource. For anyone looking to gain recent information on the welfare of children and families, please click [here](#) to view the full report.

## FOR 4-H STAFF

- **For Staff:** West Virginia University Extension Service has announced an open recruitment for a **4-H Youth Development Program Extension Agent**. The position will be located in Randolph County, WV. The closing date for applications is **August 12, 2009**. Please click [here](#) to view a full position description.
- **For Staff:** University of Tennessee Extension Service has announced an opening for the position of **University of Tennessee Extension, Assistant Dean, 4-H Youth Development**. The position will be located in Knoxville, TN. Screening of applicants' credentials will begin **September 7, 2009** and will continue until the position is filled. . Please click [here](#) to view a full position description.
- **For Staff:** Calling all afterschool professionals! The **National AfterSchool Association Convention**, set for April 19-21, 2010 in Washington, D.C. is now in the planning stages and is interested in hearing your great ideas. If you would like to submit an **idea to host a workshop** at the convention, you may do so using the online RFP process at <http://www.naaconvention.org/workshop.html>. Early submissions are open until August 14th and all submissions are due by **September 25, 2009**. Visit <http://www.naaconvention.org> for more information.
- **For Staff:** Project WILD, of the CA Department of Fish and Game is offering a **K-12 Facilitator Training** on **September 17**, from 8am-4:30pm at Lake Tahoe Basin. This training will certify you and further your understanding of how to teach parents, group leaders and other educators how to integrate environmental education activities into the California grade level standards. Click [here](#) for a flyer of the event and registration details.
- **For Staff:** A free **webinar, At Your Doorstep: Creating Family Connections Outdoors**, discussing the opportunities for parents to increase their time with children in an outdoor environment is planned for **September 29**, from 10am-11:30am. Developed by educators at North Carolina State University, the webinar will provide participants with tools to use in encouraging families to incorporate outdoor activities in their family routines. Visit: <http://cyfernet.ces.ncsu.edu/mn/training/user.php?r=87> to register today.
- **For Staff: Ready, S.E.T., Go! Afterschool Professional Development Train-the-Trainer Workshops** have been announced. Trainees will receive training manuals designed especially for afterschool settings. Trainings will be held on:
  - September 30, San Diego
  - October 1, San DiegoVisit, <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=3652> to register.
- **For Staff:** The **State 4-H Record Book Judging applications** are due to the State 4-H Office by **September 30, 2009**. You may visit, <http://www.ca4h.org/4hresource/ir/recordbook/> for more information.

- **For Staff:** The **National 4-H Conference applications** are due to the State 4-H office by **September 30, 2009**. For additional conference information, please visit: <http://www.ca4h.org/conference/n4hc/> or email Quang Tong at [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).
- **For Staff:** The **4-H Computer Corps applications** are due to the State 4-H office by **September 30, 2009**. For additional information on the 4-H Computer Corps, visit: <http://www.ca4h.org/wrp/compcorps/> or contact Steven Worker at [smworker@ucdavis.edu](mailto:smworker@ucdavis.edu).
- **For Staff: Building Partnerships for Youth**, is an organization that is looking for individuals from a variety of backgrounds to serve and participate on a state or community team. These teams will apply to be part of several teams that will collaborate together in promotion of youth health through youth development practices. To learn more about the kick-off event on February 3-5, 2010 in Chevy Chase, MD, visit: <http://cals-cf.calsnet.arizona.edu/fcs/bpy/content.cfm?content=teamApp>. Team applications are due by **October 2, 2009**.
- **For Staff:** The **Managing in Tough Times resource directory (MITTNet)**, which was developed as a tool for Extension professionals to use and complement what program information is available at [www.extension.org](http://www.extension.org), was recently launched on July 30, 2009. Consider this fully searchable site, containing almost 900 resources, when researching individual, youth, family, and community topic areas for your 4-H program.
- **For Staff:** A new system for **reserving conference rooms in the DANR Building** in Davis, CA has been implemented and released. Anyone with access to the ANR Portal can view conference room availability. Guidelines for How to Reserve a Room and Rules for Use of Conference Rooms can be found on your portal under "Useful Tools" - Meeting Calendar. The portal can be accessed here: <http://ucanr.org/portal/login/UniversalLogin.cfm>.
- **For Staff:** The **U.S. Department of Justice's Office of Community Oriented Policing Services (COPS)** has made a guide available addressing the issue of Bullying in Schools. This guide serves as another resource for youth development staff and examines the causes of bullying as well as what can be done to increase student safety. You may view the guide at: <http://www.cops.usdoj.gov/RIC/ResourceDetail.aspx?RID=18>.
- **For Staff:** The latest issue of **Latino Briefs Digest** has been released and is available at: <http://ucanr.org/LatinoBriefsDigest>. The most recent issue provides information examining research on technology, media and health issues in Latino communities.
- **For Staff:** A new **Multistate Education/Extension and Research Activity**, "Contribution of 4-H Participation to the Development of Social Capital," has been announced. California is already one of nine states to have signed up to participate. Richard Enfield, [renfield@co.slo.ca.us](mailto:renfield@co.slo.ca.us) of San Luis Obispo County is serving as a co-chair of the project and is available for further questions on the project. The project will examine the impacts of 4-H participation on social capital development in youth and volunteers as well as in the community. Click [here](#) to read the full project synopsis.

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