



"Updates" is sent out once a month to two email lists: one for 4-H Staff and a week later to our General News email list.

October 2009

[Statewide 4-H Online Calendar](#)
[4-H Science, Engineering and Technology Updates](#)

DIRECTOR UPDATES

- **California 4-H Youth Development Program Ready to Meet the Future!**

National 4-H Week, October 4-10, 2009, will be celebrated across the nation and I hope each of your counties and 4-H clubs are planning festive activities! This year's theme, **Meet the Future**, is especially fitting. Over the past year, the University of California's Division of Agriculture and Natural Resources (4-H's parent organization within UC) has embarked on developing a **Strategic Vision 2025** to guide UC ANR in developing research, education and service programs to meet the needs of California for the next 15 to 20 years. The vision reads:

ANR envisions a thriving California in 2025 where healthy people and communities, healthy food systems, and healthy environments are strengthened by a close partnership between the University of California and its research and extension programs and the people of the state. The University remains connected and committed to the people of California, who enjoy a high quality of life, a healthy environment, and economic success in a global economy....UC ANR Strategic Vision 2025.

The California 4-H YDP is ready to meet this challenge. Our new **4-H Mission Mandates** in Science, Engineering and Technology, Healthy Living, and Citizenship mesh well with the UC **ANR Strategic Initiatives for the 21st Century** and will provide a framework for our continued youth development programming over the next decades. I encourage each of you to review the **ANR Strategic Vision 2025** at <http://ucanr.org/vision/anrstrategicvision2025.pdf> and the **4-H Mission Mandates** at the CA 4-H website <http://www.ca4h.org/>

For more information on **National 4-H Week** check out the tool box at the National 4-H Website <http://4-h.org/brandnetwork/4hweektoolkit.html>

CA 4-H FOUNDATION UPDATES

- Telling the 4-H Story:

Over the past month, several prospective donors have asked us at the Foundation to tell the 4-H story. What is it exactly - these folks want to know – that makes 4-H unique? A seemingly simple question, yes, but one that requires a healthy dose of insight as to how best to capture 4-H's reach and impacts across a state as diverse as California.

Many of those who see the powerful impacts demonstrated by 4-H each and every day know both directly and intuitively what makes 4-H special: They see a child's eyes light up through the process of mastering a new concept or task. They witness a once-shy teenager standing in front of her peers delivering a project lesson. Or they see a caring adult volunteer helping kids become effective leaders by providing opportunities for them to practice leadership in their communities. As we start to tell our story across the state, several recurring themes are emerging to provide this colorful backdrop to our unique structure and design:

- 4-H provides leadership opportunities early and often
- 4-H provides sustained programming that often spans 10+ years
- 4-H promotes strong youth-adult connections, often transcending multiple generations
- 4-H delivers projects that are research-based, inquiry-based and experiential
- 4-H boasts one of the largest volunteer networks of any youth organization
- 4-H incorporates positive youth development concepts into each aspect of program delivery
- 4-H is inclusive and community-based
- 4-H encourages youth to engage in their communities and give back

We invite you to begin thinking about the 4-H story and what it means to you – as a volunteer leader, parent, staff member, or participant. What impacts is 4-H demonstrating in your community? What specific examples or personal experiences illustrate these key components? Collectively, our ability to show true, meaningful and lasting impacts will allow 4-H to not only survive, but thrive in this climate of diminishing human and financial resources. By continuing to demonstrate 4-H's unique contribution to youth, their families and communities, we stand poised to lead the youth development march as we have for the past 100 years.

HEALTHY LIVING INITIATIVE

No items to display this month.

IDEAS THAT WORK

- In service-learning, participants teach others as much as they learn themselves. This dynamic - simultaneous teaching and learning - is part of what makes service-learning so effective. Understanding that every group member has both something to share and something to learn is a crucial part of the foundation for successful community change work; furthermore, it is a core component of service-learning. In the last week, what have you learned? What have you taught? - *Innovation Center for Community and Youth Development*.

PROGRAMS

- “What’s in YOUR Closest?” the **4-H State Fashion Revue**, will be Saturday, **May 29, 2010** as part of State Field Day at UC Davis. For counties and families planning their calendars, online registration will be due by May 10. Be sure to pick up a copy of Simplicity pattern # 4762, which is our Challenge Vest pattern. All 4-H members and adults are encouraged to participate in a new service activity, Hats Off for Kindness. Create a soft hat for a cancer patient by sewing, knitting, or crocheting. Please leave off floppy flowers, hard edges or attachments. For pattern ideas check out <http://brimmingwithlove.com/patterns.html>. All hat makers are invited to model their creations on stage before the SFR fashion show, but if you are a SFR participant you'll need a substitute model.

We hope to collect at least 250 hats. For Hats Off information contact Rachael Gross at kandragross@sbcglobal.net. For State Fashion Revue information, contact Sue Moore samoore@ucdavis.edu or see <http://ca4h.org/projresource/fashion/>.

- **My Own Book** (www.myownbook.net) is a non-profit organization dedicated to spreading the joy of reading. It was started three years ago and now distributes over 24,000 books nationwide to less fortunate children. We'd like to see 4-H clubs and groups across the state involved in the My Own Book project. If you are interested for your club, let us know. We can supply books to hand out as well as ideas for a year of fun with members of all ages. This is a great way to reach out to other children in the community. Please contact Brady and Kyle Baldwin at kyleandbrady@myownbook.net for more information.
- The **Junior Master Gardener program** has offered a Recognition Certificate for JMG groups to earn this fall. The certification will be in **Building a Vegetable Garden**. Students will experience hands-on learning as they participate in all aspects of gardening. There is no cost to register your JMG group. If you are in need of a Level One JMG Teacher Guide, you can start register and order one by visiting <http://67.59.137.247/index.cfm?did=2035§ionID=2017>
- The California **4-H Youth Development Program** offers inexpensive **curriculum** for 4-H volunteer leaders and members through ANR Communication Services. Please check out the catalog on-line at: <http://anrcatalog.ucdavis.edu/>. Browse through the collection by clicking on 4-H Youth Development in the "Browse Menu" to the left. Items can be ordered on-line.

EVENTS AND DEADLINES

- **4-H Train-the-Trainer Babysitting Course**
The 4-H Military Partnership Program is offering a Training course on the 4-H Babysitting Curriculum at the 4-H State Office, **September 25, 10:30am-3:30pm**. The Babysitting Curriculum is designed to help middle school and teenaged youth to learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. This course can be beneficial in training youth in your 4-H clubs and military afterschool sites. The training is open to all 4-H Staff, 4-H Volunteers, and Military and Community Partner Agency personnel. If you have a youth leader interested, they may also come if they are accompanied by you. You will receive a Babysitter's Tool Bag, an Instructor's Guide and Student Handbook. Bring a doll! For more information, contact Jeanne Christenson, jpchristenson@ucdavis.edu or 530-219-6608
- The **2010 National 4-H Conference** will be held March 20-27, 2010 at the National 4-H Center in Chevy Chase, MD. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. 4-H members, volunteers and staff may apply to join the California delegation by **September 30, 2009**. More information is available at <http://www.ca4h.org/conference/n4hc/index.asp>.
- The **State 4-H Leaders' Forum 2009**, November 6-8, 2009 is still accepting registration at the same fee. The fee will increase to \$50 on **October 1st**. If you are a 4-H Leader and think you may be interested in attending this information event at Asilomar, please visit: <http://clubs.ca4h.org/nsection/SLF09/index.htm> and submit your registration forms today. You may also contact Richard Meade at rmeade@csuchico.edu for any questions.
- **4-H National Youth Science Day on October 7, 2009!** The 2009 4-H National Youth Science Experiment - "Biofuel Blast" - will engage youth in important environmental issues our global community faces together and the opportunity available for a greener tomorrow. As our nation grapples with important environmental issues such as global warming, sustainability and energy independence, "biofuels" -sources of energy obtained from recently harvested plant materials- are at the forefront of the discussion of alternative energy sources. **This event is a**

great way to publicize 4-H and 4-H SET! Download your 4-H National Youth Science Day **experiment guide, facilitator guide and media toolkits** at <http://www.ca4h.org/SET/>.

- The Afterschool Alliance is extending an invitation to everyone interested in supporting the positive work and impact of afterschool programs for our youth. This is the **10th annual Lights On Afterschool event**, planned for **October 22, 2009**. When registering you will receive posters, events tips and helpful information to make this day a success for your afterschool program. You may visit: <http://www.afterschoolalliance.org/loaHostEvent.cfm> to register today.
- **4-H Shooting Sports Leader Certification for Archery**
A shooting sports training workshop for the archery discipline will be held in Modesto, CA on Saturday, **November 7**, 8 AM - 4 PM and Sunday, **November 8**, 8 AM - 2 PM.
Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at the Stanislaus County Ag Center, Harvest Hall Room E, 3800 Cornucopia Way, Modesto. The cost will be \$25 and includes lunch, snacks, and class materials. For more information, contact Dan Burner 209-874-2732 (evenings) or dan_burner@yahoo.com. Fees are due by **October 23**, 2009 and can be submitted to Dan Burner, P.O. Box 829, Waterford, CA 95386.
- **State 4-H Record Books**, please check with your county 4-H office to verify the date of submission for record books in your county. County offices will submit their county record books to the State 4-H office by **November 6, 2009**. You may visit: <http://www.ca4h.org/4hresource/ir/recordbook/competition.asp> or email Quang Tong at qtong@ucdavis.edu for additional questions.
- The annual **State 4-H Equine Field Day** will be held on Saturday, **October 24th** at UC Davis. Go to <http://ca4h.org/projresource/horse/> for the event details and registration form. Pre-registration is due Friday, **October 16th**; no postmarks. This event is in partnership with the UCD Department of Animal Science. 4-H Horse members, leaders and parents are invited to attend.
- The **Make It Yourself With Wool Competition** is requesting those who enjoy sewing and knitting projects to enter in a district contest near you, planned for October and early November. Winners will compete in state finals. If you are interested in participating, you may download a contest entry form [here](#), a national competition brochure is available [here](#), and specific contacts for the California contests are listed [here](#). Please contact Julie Castillo at calif.wool@gmail.com for additional questions.
- A free professional development training opportunity is available for those involved with youth development programs focusing on healthy living concepts. The two-day trainings, "**Fresh Fruits and Vegetables: A Centerpiece for a Healthy School Environment**" will be held in several location across California. You may visit: <http://www.lifelab.org/ffv.php> to register today. Click [here](#) for the full training flyer. For any questions, contact Deborah Beall at dbeall@cde.ca.gov.
- Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.
California Focus June 25-29, 2010
<http://www.ca4h.org/citizenship/focus/>
Washington Focus I
Road to Democracy, June 27-July 5, 2010
Heritage Trail, I June 27-July 3, 2009
Washington Focus II
Global Journey, July 11-21, 2010
Heritage Trail II, July 11-17, 2010
<http://www.ca4h.org/citizenship/dcfocus/>
For more information, contact Pat English at penglish@ucdavis.edu or 530-754-8520.
- The **California International Exchange Program** will offer **outbound programs** to Australia, Costa Rica, and Japan during the summer of 2009. Applications will be accepted until **January 15, 2010**. An interview with the

California 4-H International Exchange Coordinator, Pat English, is required. For more information contact Pat English at: pnenglish@ucdavis.edu or 530-754-8520.

FUNDING OPPORTUNITIES

- Educators, service-learning coordinators, students in the health professions, public health professionals, and community partners are eligible to apply for the **UnitedHealth HEROES service-learning project grants**. Grant recipients will receive up to \$1,000 in support for service-learning projects that focus on childhood obesity, engage youth ages 5-25 in the planning and implementation process, and take place during Semester of Service 2010. For more information and an application for the grants, visit: www.ysa.org/awards/. The grant submission deadline is **October 22, 2009**.

INCENTIVES AND RECOGNITION

- The **Prudential Spirit of Community Awards Program** is currently seeking applications to nominate and recognize 4-H members in grades 5-12 for their volunteer activities in the last year. 4-H participants may apply online at <http://spirit.prudential.com>. The access key for applications is: **spirit**. Top high school and middle level volunteers will receive silver medallions, \$1,000 awards and a trip to Washington, D.C. All applications must be completed, printed out, signed and submitted to your county 4-H office by **November 2, 2009**.
- **For Staff:** 4-H Regional Salute to Excellence Volunteer Recognition Awards
The 2010 National 4-H Salute to Excellence (STE) Awards nominations are available for submission now until **December 11, 2009**. The awards are for the 4-H Volunteer of the Year (VOY - less than 10 years of service) and the 4-H Outstanding Lifetime Volunteer (OLV - 10 years or more). Nominations will only be accepted through submission at the grants management system at <http://grants.4-H.org>. County offices will need to register to submit. All applications must be sent for approval to the CA State 4-H Office prior to submission. Each State 4-H Program will select the nominees for their state.

YOUTH DEVELOPMENT RESEARCH

- Another resource for 4-H staff, volunteers and specialists is available. A recent study, "**Vulnerable Youth and the Transition to Adulthood**," was conducted by the Urban Institute and the Assistant Secretary for Planning and Evaluation. The study resulted in several fact sheets that address the findings for youth topics such as Youth from Low-Income Families, Young Men and Young Women, and Multiple Pathways Connecting to School and Work amongst others. Click [here](#) to view the study results and fact sheets.
- The **Society for Research on Adolescence** is looking for an **editor for the Journal of Research on Adolescence**. The current editor's term will conclude July 2010. If you are interested in serving in this role, the qualifications sought include: prior editorial experience, a significant record of publications, expansive knowledge of disciplines and research methods. Nominations for the position should be submitted by **October 7, 2009**. You may contact Sandra Graham at shgraham@ucla.edu for more information.

FOR 4-H STAFF

- **For Staff:** You may have received unsolicited mail for 4-H members and volunteers addressed to the County 4-H Office. These members and volunteers would have most likely been treasurers in 2006-2007. Each chartered

4-H unit which has an IRS EIN is associated with a contact name and address. When California's data was uploaded to the National 4-H system to update the IRS databases, in December 2007 and March 2008, many of the contact names were pulled from the 4-H Financial Reporting system for PY0607. IRS EIN is public domain and anyone can search on various websites for EIN's and obtain the contact name and address. In Fall 2008, the State 4-H Office went through a process of confirming each county's chartered 4-H units and EIN. During that process, most counties elected to use a 4-H staff name as the primary contact for each unit. This list of Chartered 4-H Units is maintained in the State 4-H Office and will be uploaded to the National 4-H system when the next window opens. If you have any questions about the list of chartered 4-H units for your county, please contact Whitney Bell at webell@ucdavis.edu.

- **For Staff:** The **State 4-H Record Book Judging** applications are due to the State 4-H Office by **September 30, 2009**. Click [here](#) for the Record Book judging application. You may visit, <http://www.ca4h.org/4hresource/ir/recordbook/> for more information.
- **For Staff:** The **National 4-H Conference applications** are due to the State 4-H office by **September 30, 2009**. For additional conference information, please visit: <http://www.ca4h.org/conference/n4hc/> or email Quang Tong at qtong@ucdavis.edu.
- **For Staff:** Please remember to order your free 1000 Administrative Materials on-line by **Oct 1**. You may access this on the 4-H Information system, <https://fourh.ucdavis.edu/wrp/login.asp>.
- **For Staff:** The **State Farm Youth Advisory Board** has provided a funding opportunity for service-learning programs. The **service-learning project grants** are available for application and range in support from \$25,000 - \$100,000 each. Applications are due by **October 2, 2009**. Grantees will be selected by February 2010. Click [here](#) to download a copy of the Request for Proposal Application.
- **For Staff:** **Building Partnerships for Youth**, is an organization that is looking for individuals from a variety of backgrounds to serve and participate on a state or community team. These teams will apply to be part of several teams that will collaborate together in promotion of youth health through youth development practices. To learn more about the kick-off event on February 3-5, 2010 in Chevy Chase, MD, visit: <http://cals-cf.calsnet.arizona.edu/fcs/bpy/content.cfm?content=teamApp>. Team applications are due by **October 2, 2009**.
- **For Staff:** **North Carolina A & T State University** has announced an opening for the position of 4-H Youth Development Specialist. Please click here <http://fac.ncat.edu/hr/85214-H%20Extension%20Agent.htm> for a full job description and more information on the application process. Applications are due by **October 22, 2009**.
- **For Staff:** **Prudential Spirit of Community** is sending Award packets out to County Offices. The Prudential Spirit of Community Awards Program is currently seeking applications to nominate and recognize 4-H members in grades 5-12 for their volunteer activities in the last year. 4-H participants may apply online at <http://spirit.prudential.com>. All applications must be completed, printed out, signed and submitted to the county office by November 2, 2009. For outstanding community service please nominate one (one per 1,000 members in your program) to go on to be considered for the \$1,000 prize for state. If they win at state they will be nominated for the national prize of \$5,000. County staff will need to certify and submit the application by **November 9th**. If you have any questions, please contact Quang Tong at 530-752-5644.
- **For Staff:** The **2010 Western Regional Leaders' Forum** is scheduled for March 11-14, 2010 in Albuquerque, N.M. Click [here](#) to register. Some key upcoming dates youth development professionals will want to save include:
 - December 15, 2009:
Early Bird Registration Deadline, \$200.
 - January 15, 2010:
Regular Registration Deadline, \$250
Share Faire Registration Deadline
4-H Display Registration Deadline
Volunteer Leader Award Deadline
- **For Staff:** The **Human Development and Family Studies Division (HDFS)**, Department of Human and

Community Development at the University of California, Davis has an opening for the **position of Assistant or Associate Cooperative Extension Specialist in Youth Development**. Click [here](#) to view the position announcement and qualifications. The position will remain open until filled, with applications received by **January 15, 2010**. For questions, contact Chris Hermes at chermes@ucdavis.edu.

- **For Staff:** The CA State 4-H Office has announced an opening for the **position of a 4-H Military Program Representative II**. The position will be located in Davis, CA at the State 4-H Office. The position will remain open until filled. Click [here](#) to view the full position description and application information.
- **For Staff:** The latest issue of Latino Briefs Digest has been released and is available at: <http://ucanr.org/LatinoBriefsDigest>. The most recent issue provides information examining research on technology, media and health issues in Latino communities.

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