



"Updates" is sent out once a month to two email lists: one for 4-H Staff and a week later to our General News email list.

December 2009

[Statewide 4-H Online Calendar](#)
[4-H Science, Engineering and Technology Updates](#)

DIRECTOR UPDATES

- **4-H Healthy Living Initiative Roll Out**

The California 4-H Youth Development Program begins its implementation of the National 4-H Healthy Living Initiative this winter. Each issue of the California 4-H Updates will feature a section on Healthy Living resources, curricula, and funding opportunities. The December 4-H Staff Virtual Brown Bag will focus on the Healthy Living Initiative. The *goal* of the 4-H Healthy Living Mission Mandate is to engage youth and families through access and opportunities to achieve optimal physical, social, and emotional well-being.

Four *guiding principles* anchor 4-H's work in healthy living, keeping efforts closely aligned with 4-H's core mission, but also setting 4-H apart in its approach from both formal education and other youth-serving organizations. These *guiding principles* include:

1. *Learning about healthy living occurs in the context of the Essential Elements of 4H Youth Development.* Learning provides youth with opportunities to master life skills such as decision making, cultivating independence with guidance from caring adults, gaining a sense of belonging within a positive group, and sharing their spirit of generosity toward others. Healthy living curricula offers a range of engaging and challenging experiences for youth of all ages and abilities and their families, and builds healthy living literacy while meeting the fundamental developmental needs of youth.
2. *4-H's approach to healthy living includes youth-adult partnerships.* Youth adult partnerships are integral to non-formal experiential learning and facilitate youth involvement as full partners in design, implementation and evaluation of 4-H Healthy Living learning opportunities created for them. The role of older youth will be expanded as they provide training and support to volunteers, teach and mentor younger participants and help to incorporate new technologies into the learning opportunities of this mission mandate. This expanded role for teens and young adults provides new leadership opportunities in 4-H and encourages their continued participation.
3. *4-H delivers healthy living programs in a variety of contexts to diverse youth in rural, suburban and urban areas, including the inner city.* With the wide variety of healthy living programs and resources 4-H already offers, 4-H has the opportunity to tailor its learning opportunities so that it can expand the number of girls and boys involved in healthy living regardless of where they live. Therefore, 4-H Healthy Living must place special emphasis on involving traditionally underserved youth and their families, use a variety of

delivery strategies, and engage a very diverse population of volunteers.

4. *4-H Healthy Living Programs and their curricula are based on "best practices" within healthy living research.* Curricula and other learning resources used in healthy living programs are focused on physical, social and emotional well-being and are evidence-based and drawn from best practice.

CA 4-H FOUNDATION UPDATES

• **An Attitude of Gratitude**

There are two special and powerful (and too often overlooked) words that can make everyone in 4-H an exceptional fundraiser - "Thank You." Saying thank you specifically to our extended 4-H family - our volunteers, our donors, our community partners, our children, parents and staff that support them - acknowledges the importance of our contributions and the impacts created through our commitment of time and money.

This season of Thanksgiving provides us with a perfect opportunity to say thank you and be reminded of the impact we have all had in creating focused, articulate, confident and engaged young leaders. I encourage 4-H groups around the state to take an afternoon or evening during this Thanksgiving season to come together and hold your own "4-H Thank-a-thon." Call each volunteer and each donor in your community with a brief message of gratitude for their role in making this program an important part of our community. It's even fine to leave a message.

Identify yourself and your role in 4-H. Explain that you are taking this season of Thanksgiving as an opportunity to express gratitude to those who have supported 4-H with their time and money throughout the past year. Tell them that this support has made 4-H a reality in the lives of over 100,000 children in California. Then simply say thanks. If you can add why their contribution has been important to you personally, so much the better. Then hang up. Simple, satisfying and powerful!

In fundraising, there is definitely a time to ask for support. But, there are many more instances when saying thanks - and not asking for anything - is even more important. Oh yes, and THANK YOU for the impacts you create each and every day through your tireless dedication to 4-H!

For more information on conducting a "thank-a-thon" in your community, please contact me at The California 4-H Foundation at aleeland@ucdavis.edu.

HEALTHY LIVING INITIATIVE

- The **National Governors Association (NGA) Center for Best Practices** convened the Shaping a Healthier Generation Advisory Council in response to the need for innovative and actionable childhood obesity prevention strategies for governors to implement in their states. This report, based on the Council's work, aims to offer direction to governors and other policymakers who want to craft children's health policies that prevent obesity and advance the well-being of families. The study can be accessed at: <http://www.nga.org/Files/pdf/0909HEALTHIERGENERATION.PDF>
- **New USDA WebTools Aimed at Improving Consumer Nutrition.** USDA has launched three new online tools, aimed at the "disconnect between the farmer and the food that consumers buy" according to USDA Secretary Tom Vilsack. The tools will provide information to improve consumer nutrition and, according to Vilsack, will "re-connect these long standing ties between the people who produce the food and those who purchase and prepare it." The tools are:
 - **Growing a Healthier You: Nutrition From the Farm to the Table** - part of the USDA MyPyramid food guidance system, this Web page promotes national initiatives (like National Nutrition Month) and offers fruit, vegetable and other food facts. <http://www.cnpp.usda.gov/KnowYourFarmer.htm>
 - **MyFood-a-pedia** - provides nutrition information for more than 1,000 foods, including calorie counts for the five "healthy eating" food groups, as well as counts for extra calories from solid fats, added sugars,

and alcohol. <http://www.myFoodapedia.gov>

- **10 Tips Series** - Offers tips on cutting salt intake, advice for more environmental food choices, and other topics as part of a nutrition education series. <http://www.MyPyramid.gov>

- **Healthy Living Funding Opportunity** - Regional Offices on Women's Health (OWH) has put out an RFA for **BodyWorks: A Toolkit for Healthy Teens and Strong Families**. Funding is available for BodyWorks certified instructors to facilitate community sessions using the BodyWorks toolkit and curriculum, in English or Spanish, with parents/caregivers and their youth ages 9 to 14. Instructors who would like to facilitate community sessions must have completed a BodyWorks train-the-trainer course and be registered on the BodyWorks website (<http://www.womenshealth.gov/BodyWorks/>).
- **Healthy Living Funding Opportunity** - Home Depot Accepting Applications for Building Healthy Communities Grant Program. Deadline to apply: **December 15**. The Home Depot's Building Healthy Communities Grant Program awards grants of up to \$2,500 each to nonprofit 501(c)(3) organizations, public schools, or tax-exempt public service agencies in the U.S. that are using the power of volunteers to improve the physical health of their community. <http://corporate.homedepot.com>

IDEAS THAT WORK

- **4-H & MLK Day of Service.....Year of Service!**
4-H, as part of the Citizenship mission mandate work, will be a partner for the **January 18, 2010 MLK Day of Service**. 4-H Council as they create a message around youth engagement and service and will be sharing more about this opportunity and more about how individuals and clubs can be involved with MLK Day of Service and then throughout the year! Watch the 4-H UPDATES for more information.
- From the Office of the First Lady, State Capitol Sacramento, CA 95814:

Dear Operation: Military Kids,

Thank you so much for joining us at our 2009 WE Are Family Day celebration at Travis Air Force Base! I am so grateful for your participation and efforts to connect with families who can benefit from your work—the Hero Packs were a huge hit!

I was blown away by all of our amazing partners who came out to provide resources, information and great giveaways for the hundreds of military families we were able to reach at Travis. As I toured the room, I had the opportunity to see what you and each partner brought to your booths, and it was great to see families truly appreciating it while enjoying a delicious meal together—laughing, talking and connecting around the dinner table. Know that your participation made an important difference in their lives. So often, our military families are forgotten and your generosity and support went a long way.

Thank you again for joining me in celebrating Family Day this year and for the wonderful work you do throughout the year.

Warm regards,
Maria Shriver

PROGRAMS

- **State Qualifying Dairy and Livestock Judging Contests**
The **2010 Judging contests** will be held **April 17, 2010** at Fresno State University in conjunction with a state FFA judging contest. Applications are due by **February 19, 2010** to the State 4-H Office. The entry fee is

\$25.00/team or \$5.00 per individual. The applications will be available on the state website after December 1, 2009 and by contacting the State 4-H Office, 530-754-8518. Check [here](#) for the rules governing state dairy and livestock judging contests.

- What are you doing in your county clothing projects? **State Fashion Revue 2010** will feature our County Corner where you can share innovative ideas from your county that relate to the Clothing & Textiles project, including non-wearable items. Check out the website at <http://www.ca4h.org/projresource/fashion/> to find out more about it.
- **Dr. Francine Bradley, Extension Poultry Specialist** has relocated to an office in Southern California and will be continuing her role in supporting statewide 4-H Poultry programs. There is no email available, but you may contact her at the following address: 1775 East Palm Canyon Dr., Ste. 110-#129, Palm Springs, CA 92264. During this transition time, there will not be an Avian Science Day held. This even is anticipated to resume for 2010.

EVENTS AND DEADLINES

- Applications are now being accepted for the **Military Extension Internship Program**. College-age students and recent graduates who are interested in childcare and youth development with military child, youth, and family programs are encouraged to apply. Applications received by December 7, 2009 will be considered for placement January 11, 2010 and applications for summer and fall semester, 2010 will be available on December 21, 2009. You can access more information and application materials at: <http://www.extension.purdue.edu/military>.
- The **California Exposition & State Fair** Board has announced new dates for the fair. The 2010 California State Fair is now tentatively scheduled to run for 19 days from Wednesday, **July 14 to Sunday, August 1, 2010**. For more information, you may contact Erica Manuel of the California Exposition and State Fair at emanuel@calexpo.com. 4-H members, adults and staff may also contact 4-H Animal Science Committee Chairs Cynthia Barnett, ccbarnett@ucdavis.edu and Steve Dasher, hsdasher@ucdavis.edu for additional questions.
- **The American Red Cross Holiday Mail for Heroes**
The American Red Cross (ARC), with the support of Pitney Bowes, is pleased to once again sponsor the Holiday Mail for Heroes. Our goal is to let the military, their families, and veterans know that America cares. People can send their cards to the American Red Cross special mailbox from **November 2, 2009 through December 7, 2009**. We must strictly adhere to this date to ensure that there is time to screen, sort, and distribute the cards. Visit <http://www.redcross.org/holidaymail> for more information.
- **Babysitting Savvy**
American Red Cross babysitter, First Aid and CPR training will be held in Sacramento during the month of December. The first meeting is scheduled for **December 6th, 2009** in Citrus Heights, beginning at 1:00pm. Military youth are invited to attend the training at no charge. Contact Sylena Wise at smwise@ucdavis.edu or 530-752-8585 for more information.
- 4-H members are invited to participate in the **Fur and Feathers show**, a small animal breed show and showmanship event hosted by Ventura County 4-H and planned for January 16, 2010. Entry deadline is **December 15, 2009**. The event is for 4-H members statewide in Cavy, Poultry and Rabbit projects. Click [here](#) for more information. You may contact Jenean Bass at jeneanbass@roadrunner.com for questions.
- **Never Forget Our Fallen**
On Saturday, **December 19, 2009**, the Never Forget Our Fallen organization is hosting the **2nd Annual Military Children's Santa Christmas Party** which will be held at the Roseville Police Activity League Gym 110 Corporation Yard Road Roseville, California 95678.
The day will begin with "Refreshments and Thanking Our Military Children and Parents," and to honor and remember all veterans, past and present. We will offer crafts, games and video recording to those children who have parents deployed. After a visit from Santa Claus, we will wrap up the day with the children having the

opportunity to choose their Christmas gifts from the many items that hopefully have been donated to this very important cause.

If your 4-H club would like to make donations or offer crafts or games during the event contact Sylena Wise at 530-752-8585 or visit the website at www.neverforgetourfallen.com.

- On-line registration for the **2010 California Focus Program** is available now and is due on **January 15, 2010**. 4-H members and leaders come together to run their own state government in the fictitious state of Sierra Cascade. Delegates draft legislation, participate in a mock trial, and run for office. Then participants interact with their legislators, court officials, and those close to current issues. Financial assistance is available for this program for members who could not afford to attend without help and the **Young Civic Leader Scholarship** is available for teens with an outstanding leadership and community service record. Those applications are due by **Jan 7, 2010**. More information and registration forms are available at: <http://ca4h.org/citizenship/focus/>.
- **Education Summits on Bio-Security in 4-H**
In order to improve the understanding of 4-H adult volunteers, veterinarians, and administrators from fairs and exhibitions about existing bio-security risks associated with 4-H Animal Science projects in California and issues related to traceability, three **Regional Education Outreach Summits** will be offered by 4-H and Veterinary Medicine Extension. Each Education Outreach Summit will include four major components: a) an overview of current data on bio-security risks associated with 4-H Animal Science projects; b) updated information from USDA on the current status of NAIS and animal traceability; c) a listening session to provide stakeholders the opportunity to share their experiences and provide feedback on traceability issues to USDA; and d) a mini-training for 4-H teens and volunteers on the new 4-H Bio-Security curriculum. Dates and locations of the Education Outreach Summits are: **December 12, 2009 - UC-Davis; January 16, 2010 - UCCE Tehama County; and February 27, 2010 - UCCE Kern County**. Times for all summits will be 9 a.m. - 3 p.m. Lunch will be provided. Register at <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=4238>. For more information, contact Martin Smith (mhsmith@ucdavis.edu) or Steven Worker (smworker@ucdavis.edu).
- **4-H Shooting Sports Leader Certification for Rifle**
A shooting sports training workshop for the rifle discipline will be held in Tulare, CA on Saturday, **January 9, 2010** 8 AM - 6 PM and Sunday, **January 10**, 8 AM - 4 PM. The course will be held at the Rankin Field Range, 20000 Road 140 in Tulare, CA. Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. There is no cost for the course. To register for the course and receive more information contact John Borba at: jaborba@ucdavis.edu. For information about the facility and a map, please visit the range website at: http://www.tcdsa.org/documents/rankin_field.htm
- A second payment of \$500 is due in the State 4-H office on **Jan 15, 2010** for the Washington Focus delegates. Contact Pat English, penglish@ucdavis.edu for any questions.
- The **2010 Western Regional Leaders' Forum** is scheduled for **March 11-14, 2010** in Albuquerque, N.M. Click [here](#) to register. Some key upcoming dates youth development professionals will want to save include:
 - December 15, 2009:**
Early Bird Registration Deadline, \$200.
 - January 15, 2010:**
Regular Registration Deadline, \$250
Share Faire Registration Deadline
4-H Display Registration Deadline
Volunteer Leader Award Deadline
- The **4-H Military Partnership Program** is offering free Training courses on the **4-H Babysitting Curriculum** at the following locations:
 - Kern County 4-H Office. **January 16**, 9:30-4:30
 - Ventura County 4-H Office. **January 30**, 9:30-4:30The Babysitting Curriculum is designed to help middle school and teenage youth to learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. This course can be beneficial in

training youth in your 4-H clubs and military afterschool sites. The training is open to all 4-H Staff, 4-H Volunteers, and Military and Community Partner Agency personnel. You will receive a Babysitter's Tool Bag, an Instructor's Guide and Student Handbook. Bring a doll! For more information, contact Jeanne Christenson, jpchristenson@ucdavis.edu or 530-219-6608.

- California will be sending 4-H members and leaders outbound on the **California International Exchange Program** during the summer of 2010. Are you ready for a one month experience in Australia, Costa Rica, or Japan? Delegates must submit an application with reference letters and complete an interview by **January 27, 2010**. More information is available at: <http://ca4h.org/exchange/>.
- If you have an enthusiasm for birds and have some wonderful photos of birds to share, consider entering in the **Biosecurity for Birds Calendar photo contest** by the USDA's Animal and Plant Health Inspection. The contest entry deadline is **January 31, 2010**. The winning photos will be displayed in the 2011 Biosecurity for Birds calendar. Everyone is encouraged to enter at: <http://healthybirds.aphis.usda.gov>.
- Calling all 4-H equine enthusiasts! The National Youth Horse Council presents the **National Youth Horse Leaders Symposium** is scheduled to be held March 19-21, 2010 in Lexington, KY. Registrations are due postmarked by **Feb. 24, 2010**. Please click [here](#) for full details on event.
- Dates have been set for **2010 State 4-H Horse Events**. The State 4-H Horse Classic - Educational Contests will be held April 24 & 25 at Reedley College, Reedley, CA (southeast of Fresno). The Championship Horse Show will be held at the Santa Cruz County Fairgrounds in Watsonville on Thursday, June 24 thru Sunday, June 27. Tentatively, the English classes and Over Fences will be held on Friday, Western classes on Saturday and Gymkhana on Sunday. More information will be available by December 1st on the web site at <http://ca4h.org/projresource/horse/>.
- Dates have been set for the **2010 Citizenship Focus Program**. Come participate in hands-on programs that bring government and policy issues to life and help you get involved in your own community.
California Focus June 25-29, 2010
<http://www.ca4h.org/citizenship/focus/>
Washington Focus I
Road to Democracy, June 27-July 5, 2010
Heritage Trail, I June 27-July 3, 2009
Washington Focus II
Global Journey, July 11-21, 2010
Heritage Trail II, July 11-17, 2010
<http://www.ca4h.org/citizenship/dcfocus/>
For more information, contact Pat English at pnenglish@ucdavis.edu or 530-754-8520.
- **4-H Youth Training Babysitting Courses**
The Operation: Military Kids (OMK) Program is offering free Babysitting Training courses for Youth 12-18. This training is designed to help youth learn what it takes to be responsible, caring, trustworthy, competent, capable and safe babysitters. The youth will receive Child/Infant CPR training on the second day of the training. They will also receive a Babysitter's Tool Bag filled with essential supplies for babysitters. Bring a doll for fun! For more information, contact Jeanne Christenson, jpchristenson@ucdavis.edu or 530-219-6608.
The following are dates and locations of upcoming trainings:
 - **UC Davis 4-H Office Feb. 20 & 21, 9:30-4:30**
 - **Yuba/Sutter 4-H Office March 13 & 14, 9:30-4:30**
 - **Beale AFB April 5 & 6, 9:30-4:30**
- The **2010 State 4-H Field Day** is planned for May 29, 2010. The event will include a variety of interests including presentation day, state fashion revue, a plant science contest and interview contest amongst many others. If you are interested in exhibiting at this annual event, click here <http://www.ca4h.org/projresource/fieldday/SFD-App-Form2010.pdf> for an application. Applications are due by **April 2, 2010**.
- **State Leadership Conference**
The **2010 year's theme is "Operation 4-H"**, and is an annual event in which high school age members from

across the state meet to develop leadership skills through workshops, games, and night time activities. We are now accepting applications for educational session/track presenters. Please share your knowledge about all things leadership and help Operation 4-H be a tremendous success! Click [here](#) to download a proposal. Proposals are due the State 4-H Office by Feb. 26, 2010. You may contact Quang Tong for additional questions at 530-752-5644.

FUNDING OPPORTUNITIES

- If you and your family volunteer as a group, please consider sharing what type of volunteerism you engage in and why you choose to help. FamilyFun magazine is looking to hear about the commitment of families. Selected families could win up to \$5,000 to donate to a charity of their choice. Contest entries will be accepted until **November 30, 2009**. Visit <http://familyfun.go.com/magazine/2010-familyfun-volunteers-contest-797298/> today to enter.
- **For Staff: AmeriCorps State and National Grants** applications are now being accepted. In the Fiscal Year 2010 competition, the funding priorities will address five national service priority areas of: Education, Clean Energy/Environment, Healthy Futures, Veterans, and Opportunity. Applications are due **January 26, 2010**. You may access more information at: http://www.americorps.gov/for_organizations/funding/nofa_detail.asp?tbl_nofa_id=74

INCENTIVES AND RECOGNITION

- **For Staff: 4-H Regional Salute to Excellence Volunteer Recognition Awards**
The 2010 National 4-H Salute to Excellence (STE) Awards nominations are available for submission now until **December 11, 2009**. The awards are for the 4-H Volunteer of the Year (VOY - less than 10 years of service) and the 4-H Outstanding Lifetime Volunteer (OLV - 10 years or more). Nominations will only be accepted through submission at the grants management system at <http://grants.4-H.org>. County offices will need to register to submit. All applications must be sent for approval to the CA State 4-H Office prior to submission. Each State 4-H Program will select the nominees for their state.

YOUTH DEVELOPMENT RESEARCH

- The **4-H Center for Youth Development** has release the Winter 2009 edition of Monograph. This edition discusses and further explores recent youth development research. Click [here](#) to view the full publication.

FOR 4-H STAFF

- **For Staff:** The due date to enter and confirm in the 4-H Information System, the Annual Financial Reporting to the State 4-H office, was November 1, 2009. Counties with outstanding reporting for units may contact the State 4-H Office for any questions, 530-754-8518.
- **For Staff:** If you are interested in listening to discussion on our nation's urban service systems for youth and families, consider registering to listen to a live audio webcast, Improving Urban Service Systems for Children and Families, on **Nov. 19, 2009**, 7am PST. Click [here](#) to register for the audio webcast.

- **For Staff:** The **2010 National Collegiate 4-H Conference** planned for **February 17-21, 2010** has announced and released a call for workshop proposals. If you are interested in presenting on Personal Development, Professional Development, or Club Development, consider applying to present a workshop. Click [here](#) to download an application. Proposals are due by **Nov. 20th, 2009**.
- **For Staff:** 4-H Youth Development professionals interested in the 4-H Healthy Living Initiative are reminded of the opportunity to submit an abstract for a presentation, workshop, discussion or exhibit at the **2010 Priester Conference**, planned for April 20-21, 2010 in Mobile, AL. Abstract submissions are due **Nov. 20, 2009**. Click [here](#) to access submission forms.
- **For Staff: Applications for new state/national 4-H events and competitions** are due to the State 4-H Office by **December 1, 2009**. Click [here](#) for an application. You may contact the State Office at 530-754-8518 for additional questions.
- **For Staff:** The **University of Hawaii and Manoa in Honolulu, HI** has an opening for a **Dean of the College of Tropical Agricultural and Human Resources**. A review of candidate applications will begin on **Dec. 1, 2009** and continue until the position is filled. Click [here](#) to view the full job description.
- **For Staff:** The USDA/ARS/Human Resources Division, Metropolitan Services Branch has an opening for a **National Education Program Leader** in the Science and Education Resources Development. You may visit: <http://jobsearch.usajobs.opm.gov/a9csrees.aspx> to view and apply for this position. Please enter the key word: NIFA-2010-0003. The position closing date is **December 7, 2009**.
- **For Staff:** The **National Institute of Food and Agriculture Families**, 4-H, and Nutrition has an opening for a **National Program Leader** (4-H Children, Youth, and Families). You may visit: <http://jobsearch.usajobs.opm.gov/a9csrees.asp> to view and apply for this position. Please enter the key word: NIFA-2010-0002.
- **For Staff: 4-H Online enrollments reports** for the first installment of the 2009-2010 Program Year will be run on **December 1, 2009**. Invoices will be generated and mailed to county offices. Payments for December invoices will be due **postmarked by December 31, 2009** to the State 4-H Office. Contact the State 4-H Office at 530-754-5818 for any questions.
- **For Staff:** Please remember to request 4-H administrative materials using the on-line WRP system by **Jan 1, 2010**. Please contact Pat English, penglish@ucdavis.edu for any questions.
- **For Staff:** The University of Vermont Child Welfare Training Partnership and University of Vermont Extension have an opening for a non-tenure track **Assistant/Associate Professor**. Click [here](#) to view the position announcement and qualifications. For questions, contact Associate Dean, Gary Deziel, gary.deziel@uvm.edu.
- **For Staff:** The University of Wisconsin-Extension Department of Youth Development has an opening for a **4H STEM Specialist**. Please click [here](#) to read the full position description.
- **For Staff:** Utah State University Cooperative Extension has an opening for an **Assistant/Associate Extension Professor in 4-H Development**. Please click [here](#) to read the full position description. The position is open until filled.
- **For Staff: Washington State University College of Agricultural, Human, and Natural Resource Sciences** (CAHRNS) has two openings for **development positions in CAHRNS Alumni and Friends**. One of the positions will have an assignment specific to 4-H. Application screening will begin November 16th and will continue until positions are filled. Visit: www.cahrnsalumni.wsu.edu/position106334.html to view the full position description.
- **For Staff:** The California 4-H Youth Development Program is looking for young adults ages 18 - 25 who wish to expand their strong leadership skills. The District Leader position at **California Focus** gives young leaders an

opportunity to design and carryout an educational program devoted to developing capable citizens. Applicants must have graduated from high school by the summer of 2009 and either had at least one year of college or one year of work experience. Applications and information are on-line at: <http://ca4h.org/citizenship/focus/>. Please help us identify good candidates.

- **For Staff:** The latest issue of **Latino Briefs Digest** has been released and is available at: <http://ucanr.org/LatinoBriefsDigest>. The most recent issue provides information examining research on technology, media and health issues in Latino communities.

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