Healthy Living Advisory Committee

Contact Information

Chair: Marcel Horowitz, Youth Development & Nutrition Advisor for Yolo County
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Co-chair: Anne laccopuccci, Healthy Living Academic Coordinator
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Co-chair: Dorina Espinoza, Youth, Families and Communities Advisor for Humboldt County
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Purpose
The 4-H Healthy Living Advisory Committee is comprised of a diverse and representative group of 4-H Youth Development Program staff with an interest and expertise in physical, social and emotional health.

Goals
• Provide vision and establish direction for healthy living programming across California
• Determine the healthy living training and development needs of 4-H staff, volunteers and members and assist in facilitating appropriate training opportunities
• Identify ways to integrate healthy living programming within existing 4-H events, afterschool programs, community club programs and other educational opportunities
• Locate, review and make recommendations for healthy living curriculum and educational materials
• Seek collaborative opportunities with other groups and organizations as appropriate
• Develop educational resources related to physical, emotional and social health and create a strategy for dissemination
• Enhance the effectiveness of educational deliveries and opportunities for healthy living education programming
• Identify best practices and policies for integration into the existing 4-H Youth Development Program at the county and state levels
• Respond to the emerging health needs of California youth, positioning 4-H to provide up-to-date research-based information to our members and volunteers

Committee Member Responsibilities
• Gather input on agenda items before meetings
• Attend all scheduled 4-H Healthy Living Advisory Committee meetings (in-person and virtual)
• Provide input on various healthy living issues and opportunities for the California 4-H Youth Development Program
• Express ideas and input from constituents and stakeholders for the healthy living programming
• Complete action items assigned at meetings and participate in subcommittee work
• Support educational and leadership opportunities for youth
• Assist in the development and delivery of an annual plan of work

19-20 Committee Membership
The 4-H Healthy Living Advisory Committee is comprised of up to 10 individuals who support the mission of 4-H and the goals of this committee.

Meetings
As funding allows, all travel and related costs will be reimbursed by the State 4-H Office in accordance with University policies for meetings.