

Healthy Living Advisory Committee

Contact Information

Chair: Marcel Horowitz, Youth Development & Nutrition Advisor for Yolo County

Email: mhorowitz@ucanr.edu; Phone: 530-752-1092

Co-chair: Anne Iaccopucci, Healthy Living Academic Coordinator

Email: amiaccopucci@ucanr.edu; Phone: 530-750-1339

Co-chair: Dorina Espinoza, Youth, Families and Communities Advisor for Humboldt County

Email: dmespinoza@ucanr.edu; Phone: 707-445-7351

Purpose

The 4-H Healthy Living Advisory Committee is comprised of a diverse and representative group of 4-H Youth Development Program youth, volunteers and staff with an interest and expertise in physical, social and emotional health.

Goals

- Provide vision and establish direction for healthy living programming across the California
- Determine the healthy living training and development needs of 4-H staff, volunteers and members and assist in facilitating appropriate training opportunities
- Identify ways to integrate healthy living programming within existing 4-H events, afterschool programs, community club programs and other educational opportunities
- Locate, review and make recommendations for healthy living curriculum and educational materials
- Seek collaborative opportunities with other groups and organizations as appropriate
- Develop educational resources related to physical, emotional and social health and create a strategy for dissemination
- Enhance the effectiveness of educational deliveries and opportunities for healthy living education programming
- Identify best practices and policies for integration into the existing 4-H Youth Development Program at the county and state levels

Committee Member Responsibilities

- Gather input on agenda items before meetings
- Attend all scheduled 4-H Healthy Living Advisory Committee meetings (in-person and virtual)
- Provide input on various healthy living issues and opportunities for the California 4-H Youth Development Program
- Express ideas and input from constituents and stakeholders for the healthy living programming
- Complete action items assigned at meetings and participate in subcommittee work
- Support educational and leadership opportunities for youth
- Assist in the development and delivery of an annual plan of work

Committee Membership

The 4-H Healthy Living Advisory Committee is comprised of up to 10 individuals:

- 2 – Youth
- 2 – 4-H Adult Volunteers and Program Partners
- 3 – County 4-H Youth Development Program Staff
- 2 or 3 – State 4-H Youth Development Program Staff
 - Nutrition or Youth Development Specialist
 - Healthy Living Academic Coordinator

Meetings

Must be able to attend six virtual meetings per year to address issues and conduct subcommittee work and attend trainings and events as needed. All travel and related costs will be reimbursed by the State 4-H Office in accordance with University policies.