

November 2015 Updates

State Ambassador Corner

Hello California 4-H,

As the kick off of our platform on social and emotional health, the California State Ambassadors will be participating in [Text, Talk, Act](#).

Across the country, young people are having a nationwide conversation on mental health and how to help a friend in need. Through text messaging, small groups receive discussion questions to lead them through a conversation about mental health. Join the State Ambassadors in this nationwide conversation to help end the silence on **November 10th**

Here is how **YOU** can participate in the conversation:

1. At any time on **November 10th**, gather your participants for Text, Talk, Act and have them text **START to 89800**.
2. They will then receive a series of text messages to spark a conversation that will last about 45 minutes. The texts will include polling and discussion questions, links to several short videos and a couple of opportunities to share information on social media.
3. During Text, Talk, Act, participants will receive a text message that prompts them to enter your organizer code. Make sure they enter the code **5019TTA** when prompted. Here is the text message they will see when it's time to enter the code: *"If you have a unique code from your organizer, enter it now. If not, enter SKIP"*
4. The top five schools or organizations to host the most participants will win \$1,000

California 4-H State Ambassadors have pledged to facilitate group conversations throughout the state. Through a social media competition, 4-Her's are nominating friends to help participate and raise awareness about mental health. The 4-Her's have a chance to win 4-H gear by using the hashtag #ttaca4h, #ca4h, and #texttalkact.

Get your friends together and join California 4-H and the State Ambassadors in the conversation!

New Presentation Manual

The NEW Presentation Manual is here! The 4-H Presentation Manual (2015) is the consistent and standard guide for all 4-H presentations and will be adopted by all County, Sectional/Regional, and State 4-H Presentation Days. To view the new manual visit: <http://4h.ucanr.edu/files/220608.pdf>. In addition, example films for almost every category have been posted at

<https://www.youtube.com/playlist?list=PLmPu2m62SYPOC--sIQjud51n7aNqyVBmh>

If you have any questions regarding the new manual please contact Alyssa Sankey, State 4-H Program Representative, at ajsankey@ucanr.edu.



2016 Equine Planning Team

Are you interested in serving on the 2016 Equine Planning Team? The Equine Planning Team is responsible for planning, conducting, and over-seeing both the Equine Field Day and the California 4-H Horse Classic. 4-H Members, Adult Volunteers and 4-H Staff are encouraged to apply at <http://ucanr.edu/survey/survey.cfm?surveynumber=16296>! For more information visit http://4h.ucanr.edu/4-H_Events/Horse_Classic/ or contact Alyssa Sankey, State 4-H Program Representative for Animal Science, ajsankey@ucanr.edu.



Save the Date! California Camping Conference

April 1-3, 2016

The next California Camping Conference will be held at the Nevada State 4-H Camp in Stateline, Nevada. The Camping Conference provides 4-H teen leaders and adult camp administrators the opportunity to network and attend sessions to develop their local camp program. Please inform your key leaders and teen leaders. More information will follow.

American Youth Leadership Program

Applications are due December 1, 2015

The University of Wyoming 4-H program administers the American Youth Leadership Program funded through a grant from the U.S. Department of State. Through this program youth and adult participants from the 13 states in the Western travel to Ghana in July. For information and applications visit <http://www.uwyo.edu/4-h/international/ghana/index.html>.

National Youth Maker Summit

November 6-9, 2015 in Chevy Chase, MD

<http://www.nationalyouthsummit.org/maker-conference/>

Do you have youth who like to invent, build, or experiment? Do they ever catch themselves wondering how something can be improved? Have they ever taken something apart just to see how it works? The Maker National Youth Summit is for the creative and curious young minds of the next generation of innovators. Participants make what they can with a variety of materials from a range of fields, utilizing their resourcefulness and creativity.

Bay Area Science Festival

<http://www.bayareascience.org/festival/discovery-days-at-att-park/>

Created by the Bay Area's scientific, cultural, and educational institutions, the 5th annual Bay Area Science Festival returns October 22nd – November 7th 2015.

- North Bay at Sonoma County Fairgrounds – Saturday, 10/24/15, 10:30AM – 4PM (100 exhibitors)
- East Bay at CSU East Bay in Hayward – Saturday, 10/24/15, 11AM – 4PM (40 exhibitors)
- Explore! Discovery! Create! in Concord – Saturday, 10/24/15, 9AM – 12PM (15 exhibitors)
- AT&T Park – Saturday, 11/7/15, 11AM – 4PM (150 exhibitors)

Register to help host the 4-H booth at the November 7 event at:

<http://ucanr.edu/survey/survey.cfm?surveynumber=16348>