



Learning Community Advances CA 4-H's Positive Youth Development

It started with a question, "How do we create safe spaces that are welcoming to all youth and adults from our communities?" This question was posed to about a dozen 4-H volunteers who attended this year's 4-H State Leadership Conference in Irvine, CA as Adult Delegates.

Using a discussion format called Open Space Technology (OST) this group raised questions, brainstormed solutions to challenges and opportunities that 4-H has in creating a safe and welcoming environment to all our communities here in California. This group lived out one of the tenants of a learning community which states that "we are more intelligent together than alone".

Topics currently being discussed are:

- ♦ Creating an Inclusive environment
- ♦ Adults Behaving Badly
- ♦ Creating a welcoming 4-H environment
- ♦ Traditions & Change
- ♦ Engaging Youth in Meaningful Ways
- ♦ Engaging Volunteers

Today's 4-H'ers,
Tomorrow's Leaders.
-4-Member

If you would like to join the discussion, please contact Scott Mautte at the 4-H State Office at scmautte@ucanr.edu to get connected to this group.

Submitted by: Scott Mautte 4-H Program Representative III

Did you know?

As a statewide program delivered locally, there are now common standards across the state for what it means to be a member in good standing, project completion requirements, how members earn a year stripe and pin, and much more. Check out the new [Steps to Success in 4-H](#).

August 4-H History Preservation Newsletter

August issue of [August 4-H History Preservation Newsletter](#)

July 4-H History Preservation Newsletter

July issue of [July 4-H History Preservation Newsletter](#)





Foundation Updates

Today's 4-H'ers,
Tomorrow's Leaders.
-4-H Member

California 4-H Foundation News

Dear 4-H Supporter,

The results are in! Thanks to your tremendous support at the county level, this past spring we raised the most ever during Tractor Supply's Paper Clover Fundraiser. Through \$1 donations at check out, together we raised \$36,000 in California with local clubs and 4-H youth benefiting from the generosity of this community effort. Please make sure to thank your local Tractor Supply store and employees for their partnership and congratulate your 4-H youth and volunteers and their family and friends for rallying together to achieve this goal. As with the gifts you give through the Foundation, this just shows that every dollar you donate counts in support of our 4-H youth!



Warmly,

Paula Allison, Executive Director
California 4-H Foundation

4-H Day at the Oakland Raiders



Sunday, December 6, 2015 | 1:05pm Kickoff

Don't miss it! \$20 from each ticker sold benefits 4-H in your community! See more info and submission form:
<http://4h.ucanr.edu/files/216614.pdf>



4-H Introduces NEW Uniform Guidelines

We are pleased to announce that the California 4-H Youth Development Program has adopted new 4-H uniform guidelines. Implementation of these guidelines are effective beginning **July 1, 2015** and are expected to take several years for full adoption. See the [4-H uniform](#) page on the state website for more information and see the [California 4-H Uniform Guidelines](#) for complete garment details and the transition plan to the new uniform guidelines.

And as a reminder--There is no uniform requirement in the 4-H YDP and a uniform cannot be required for participation in any 4-H YDP sponsored activity, event, meeting or occasion.



4-H CALENDAR OF EVENTS

Check out our statewide [calendar](#) of events, dates & deadlines!

SEPTEMBER

- 9/12-13 [4-H Shooting Sports Workshop—Archery \(Class #2\)](#)
 9/25 [Deadline: 4-H Volunteer Award Nominations](#)
 9/29-10/3 [2015 National 4-H Shooting Sports Workshop](#)
 9/29 [National 4-H Food Challenge](#)

OCTOBER

- 10/2-4 [WHY Conference](#)
 10/7 [National Youth Science Day](#)
 10/10-11 [4-H Shooting Sports Workshop—Rifle \(Class #2\)](#)
 10/23 [Record Books due to the State Office](#)
 10/24 [The Future of 4-H Starts Today—Futures Task Force Meeting](#)

NOVEMBER

- 11/5 [SLF SeaWorld Behind the Scenes Tour](#)
 11/6-8 [State Leaders' Forum 2015](#)
 11/13-15 [State Record Book Judging](#)

DECEMBER

- 12/6 [4-H Day at Oakland Raiders](#)

JANUARY

FEBRUARY

- [South Central Section Leaders Council Meeting](#)

HAPPENING THIS FALL

WHY Conference

All 4-H Members Ages 11-19 Welcome

Do you want a fun filled, action packed weekend filled with leadership and social networking? Then

W.H.Y. Conference is the place for you. Come meet new friends and "Ignite your Spark" with teens from 19 North Section Counties.

Late Registration Deadline: After August 15 and up to September 4, 2015.

Please log on to: [WHY Conference](#) All of the registration dates are available.

For more information please call Lisa Adler 530-249-1108

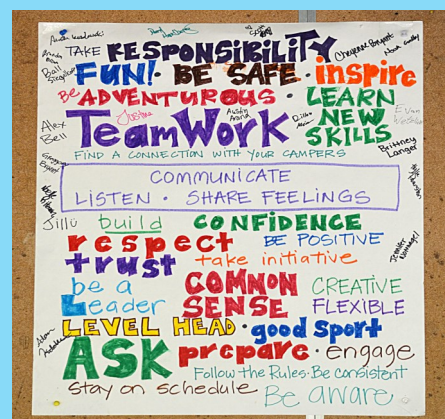
There is also a video from Jeff Devoll who is going to be our speaker at: [WHY Conference](#)

This Years Possible Workshop's to Include:

- ♦ 2 Great Guest Speakers
- ♦ 3 D Archery Target Restoration
- ♦ How to Dress for Success
- ♦ Disc Golf
- ♦ Emerald Star Presentation
- ♦ Line Dancing
- ♦ Jig Tying
- ♦ Astronomy Night
- ♦ How to Make a Rope Halter
- ♦ Campfire Cooking
- ♦ Discussion Meet
- ♦ How to Write a Resume'
- ♦ Cabin Skits
- ♦ Tie Dying

Do you have a workshop idea?

Let us know and we will add you to the list for giving a workshop.



#UCANR4H





HAPPENING THIS FALL Continued...

4-H builds self-esteem, and helps youth to realize that their opinion counts and that they can make a difference.
-4-H Volunteer



State Leader's Forum 2015

Are you burned out!? It is time to regain consciousness and revolutionize your motivation at the beautiful Crowne Plaza in Mission Valley ~ San Diego. Enjoy special forum room rates by mentioning California 4-H State Leaders' Forum and calling 1-888-233-9527 or by registering online using this link.

https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=12730819. Single / Double rates are \$105 a night. An additional \$10.00 will be added for triple or quad occupancy. The special room rates will be extended three (3) days prior to and following the group's meeting dates, on a space and rate available basis.

Start making plans now! Have you ever been to Sea World San Diego? Have you been behind the scenes? Here is your chance! The first 50 SLF participants to register for the conference (registration \$60, does not include activities and meals) and request the tour, by mailing in your forms with check/money or order or registering online line with a credit card <http://ucanr.edu/survey/survey.cfm?surveynumber=14799> has the opportunity to join us for a complimentary behind the scenes tour on Thursday Morning Nov. 5, 2015. (Shuttle from hotel is available.)

Learn about careers and research opportunities for our 4-H members. Oh yeah – that's FRESH!! Be prepared to keep busy with activities to fit the needs and interest of every 4-H adult volunteer, staff and parent, including Make it-Take it-Trade it, Photo Booth, Secret Pals and of course the annual friendly competition at the Silent Auction! This is the first time in the history SLF is being held in beautiful San Diego. We have switched up everything! It will not be your typical SLF. You gotta' join us, cause we are..."Keepin' It Fresh" just for YOU!



YOU ARE INVITED!!

The Future of 4-H Starts Today: Implementation of the 4-H Futures Task Force Recommendations

Join us for the implementation roll-out meeting to learn about the new state level Volunteer Management Organization. This will also be an opportunity to ask questions and help contribute to the communication and continuous improvement plan.

For more information visit: http://4h.ucanr.edu/Get_Involved/4-H_Futures_Task_Force/

Meeting Date: **October 24, 2015**

Time: **10:00 am - 4:00 pm**

Where: **UC ANR Building, San Joaquin Room, California State 4-H Office, 2801 Second Street, Davis, CA 95618**

Agenda: **Implementation Roll-Out Meeting**

To attend via webinar of Face to Face Register by Oct. 16: <http://ucanr.edu/survey/survey.cfm?surveynumber=15768>

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I pledge my...
head to clear thinking.

VolunTEEN Nation International Service Project Grants

Deadline: Rolling

More [info](#).

Karma for Cara Foundation Micro-grants

Deadline: Rolling

More [info](#).

The Union Bank Foundation

Deadline: Rolling

More info [here](#)

***Please note:** Any 4-H members or volunteers interested in applying for grants must work with their 4-H Youth Development Advisor or County Director. University policy requires an Advisor or County Director to submit all grant applications and fulfill the requirements of UC ANR Contracts & Grants.*

Hot Planet / Cool Athletes Powder Grants

Deadline: August 31

More [info](#).

Apply for a Project Learning Tree GreenWorks! Grant

Deadline: September 30

More [info](#).

Walmart Community Grant Program

Deadline: Rolling through December 31

[Read more](#)

Start a Snowball Grants

Deadline : Rolling

[Read more](#)

Check out more grant & award opportunities on the Youth Services America website: <http://www.ysa.org>

2016 Salute to Excellence 4-H Volunteer Awards

Don't miss the opportunity to nominate exemplary 4-H Volunteers for the 2016 Salute to Excellence Awards Program. The National 4-H Salute to Excellence Volunteer Recognition Award recognizes 4-H volunteers who demonstrate exemplary service to 4-H, while promoting service through volunteerism as both an opportunity and a privilege. California will be nominating two volunteers to be considered as regional honorees. The regional honorees become nominees for the national award, and one volunteer in each category will be named the national honoree.

Selection Criteria

- ♦ The **Volunteer of the Year Award** (VOY) is for currently serving 4-H volunteers who have served as 4-H volunteers for **less than 10 years** at the local, county, district or state level.
- ♦ The **Outstanding Lifetime Volunteer Award** (OLV) is for current or former 4-H volunteers who have served **10 or more years** at the local, county, district or state level.

Please take the time to nominate outstanding individual volunteers using the [Nomination Application](#). Mail completed nomination packet (s) to the UC ANR, State 4-H Office, Attn: Shannon Horrillo, 2801 Second Street, Davis, CA 95618. Nomination Packets must be received by **September 25th**.

If multiple nomination packets are received they will be reviewed by the 4-H Incentives and Recognition Advisory Committee who will recommend one nominee for each category to the Associate Director of 4-H Program and Policy for final approval. Please note there is no limitation on the number of nominees from each county.

For more information visit: <http://www.4-h.org/resource-library/grants-awards/opportunities/salute-to-excellence/program-information/>

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Healthy Living



4-H Healthy Living Event/Club Assessment

Clubs are encouraged to use the Healthy Living Event Assessment for 4-H events and activities to ensure they are the healthiest they can be. The checklist is available at:

<http://4h.ucanr.edu/files/213332.pdf>

National 4-H Food Challenge

September 29, 2015

State Fair of Texas, Dallas, Texas

Bring the heat for the 2015 National 4-H Food Challenge! Events are scheduled for Sept. 28 and 29. Registration info will be released in July. Hotel reservations can be made now. Visit www.nationalfoodchallenge.org to see a complete set of contest rules and a link to hotel information.



Shooting Sports

2015 National 4-H Shooting Sports Workshop

September 29 – October 3, 2015 | Camp San Luis Obispo (San Luis Obispo County)

For those counties that want to strengthen their shooting sports programs or counties that want to start one, this is the event you need to attend. It is open to staff and 4-H adult volunteers who are at least 21 years of age. This training allows the participants to become certified in one of six different disciplines: archery, hunting, muzzle loading, pistol, rifle, or shotgun. A coordinator course will also be offered for those who want to learn more about administering a county program.

For more information contact John Borba at 661-868-6216 or email: jaborba@ucanr.edu



Citizenship

Four Strategies to Enhance Youth Civic and Character Development

[The Roots of Engaged Citizenship Project](#)

[Become a Youth Correspondent](#)

High school and college students (ages 15-21) with an interest in journalism, communications, marketing and multimedia are encouraged to apply by **September 30th** for this fall's selection of Youth Correspondents for the National Organizations of Youth Safety (NOYS). Youth Correspondents (YCs) creatively use multimedia and communication to share safety messages with their peers, parents and Community.

Science, Engineering & Technology



Announcing the 2015 National Science Experiment: *Motion Commotion* October 7, 2015
<http://www.4-h.org/4-h-national-youth-science-day/>

This exciting activity will combine a speeding car collision and a distracted driving demonstration in a simulated activity that investigates the physical and human factors of motion. Motion Commotion will enable youth to explore the physics of motion and distracted driving. The two-part experiment will test young people's knowledge of science, speed and safety by:

- Constructing a simulated runway to analyze the speed, momentum and kinetic energy of a car in motion, and will explore the science behind the car's collisions
- Leading an experiment that uses the same physics principles to demonstrate the consequences of distractions in everyday life

Register Your Local 4-H NYSD Event

It's here! The 2015 4-H National Youth Science Day How-To video is available for viewing. Discover the laws of motion and physics, while learning how to conduct the exciting Motion Commotion experiment with your 4-H club! Also, be sure to purchase the 2015 National Science Experiment kit, currently available on the [4-H Mall website](#), and register your event [here!](#)



California Science Education Conference

OCTOBER 2-4, 2015 • SACRAMENTO, CA



http://www.cascience.org/csta/conf_home.asp

The California Science Education Conference is the annual conference provides educational programs for California's science educators.

Military Programs

Tutoring

Tutor.com for U.S. Military Families is a DoD-funded program that allows eligible students in U.S. military families to connect to a live tutor online at any time for one-to-one help with homework, studying, test prep, proofreading and more. The service is available at no charge to all grades K-12 students.

Please spread the word: www.tutor.com/military



Positive Youth Development

4-H Online Record Book Updates

The 4-H Online Record Book (ORB) continues to grow in popularity among 4-H members ([check out the ORB Satisfaction Survey Results](#)) and we are continuing to grow and expand the features in the system. If you have questions regarding how to use ORB, an idea to improve the system or are experiencing a glitch, please use the [ORB Request form](#) to share with the ORB Support Team.

Have a group of people interested in learning how to use the ORB system? You can bring in the ORB Internet Café Training to your county. These 3 hour trainings have been a popular way to get people excited about ORB and on the path to successful online record book keeping. For more information about how you can bring this workshop to your county, [click here](#).



Evaluation Updates

Spark Score Surveys open again until January 31, 2016! Be sure to log in and tell us about you!

Thrive Updates

Thank you to all out Thrive Master Trainers and Project Leaders!!

Below is a list of the project leaders and counties that completed all the requirements for a gift card!.

Leader	County	Leader	County
Robin Stice	San Mateo/San Francisco	Sarah Beauchamp	Santa Cruz
Heidi Hall	Solano	Jill Willard	Santa Cruz
Traci Estes	Solano	Kim Larsson	Stanislaus
Bailey Robinson-Burmester	Yolo	Margaret Bettencourt	Stanislaus
Amber Robinson-Burmester	Yolo		

4-H Thrive 2015-2016 Program Update

As the launch of projects for the 2015-16 4-H program year begins, we wanted to share how 4-H Thrive will be operating this year and how project leaders can order 4-H Thrive Educational Materials and gain access to online resources. [Please click here for the information](#).



Resources

National 4-H Latino Youth Outreach: Best Practices Toolkit

The [4-H Latino Youth Outreach: Best Practices Toolkit](#) is a guide to help 4-H Cooperative Extension professionals become active catalysts and change agents for engaging Latino youth in 4-H high-quality positive youth development programs. It provides researched approaches, templates, checklists, and examples of best practices to help field staff develop a wide variety of strategies for successfully engaging Latino youth and their families in 4-H.



PROGRAM UPDATES

Today's 4-H'ers,
Tomorrow's Leaders.
-4-H Member

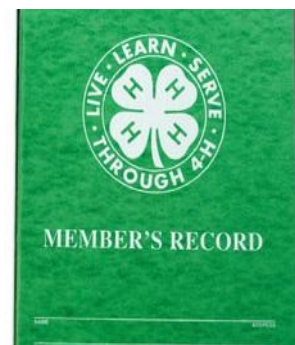
Positive Youth Development Continued...

2015-16 Record Book Manuals

The new edition of the 2015-16 Record Book Manuals are now available online and include several changes. Be sure to use current forms, which can be found at: http://4h.ucanr.edu/Resources/Members/RecordBook/About_4-H_Record_Books/

The new manuals now are in two versions. One shorter, easier to read edition for members and another, longer edition for adults who may want more background information for leading Record Book projects or for their own knowledge. The forms have been separated out of the manual for ease of use—they don't have to extract the forms from the manual anymore. The forms and the manual are intended to work together so please be sure to download both a manual and the forms.

The State Incentives and Recognition Committee will be offering a series of webinars to guide youth and adults through the Record Book changes. Look for more information about these webinars on the website at <http://4h.ucanr.edu/Resources/Members/RecordBook/RBResources/>



State Record Book Competition

Evaluators Need!! Have you evaluated Record Books at the County level? Do you really enjoy reading about how young people are growing through their 4-H involvement? If you answered "Yes!" to both questions, then consider applying to be an evaluator for State Record Book Competition. State Competition will be held in Davis on **November 13 - 15, 2015**. Evaluator applications are due by October 1, 2015. Find out more about the evaluation process on the [State website](#) and judge's [application here](#).

Members who are entering State Record Book Competition should review the 2015 State 4-H Record Book Competition Evaluation Process found at <http://4h.ucanr.edu/files/190839.pdf>

Books must ARRIVE at the State Office by October 23rd.

Other Updates

California State Livestock Quiz Bowl

October 17, 2015 | Grand National Livestock Exposition, Horse Show and Rodeo. The California 4-H Youth | Cow Palace Development Program will be hosting a livestock quiz bowl at the Grand National Livestock Exposition, Horse Show and Rodeo. This event is open to both 4-H and FFA teams of four or five members. Participants must be 14-18 years old as of January 1, 2015.

For more information visit: http://4h.ucanr.edu/4-H_Events/Livestock_Quiz_Bowl/



LIVESTOCK QUIZ BOWL



Other Updates Continued...

State Fashion Revue News

Announcing **State Fashion Revue 2016, "Hoe Down, Sew Down."** SFR is May 28, 2016, as part of State Field Day at UC Davis. Members qualify in their home counties to enter SFR. Participant categories returning for 2016 are Traditional, Upcycled, and Consumer Science Purchased \$40 limit. The rules for Upcycled have been modified to place more emphasis on the transition. There are two new challenge categories. In the Western Wear Challenge, sewing project members make a western shirt and add other sewn or purchased garments to complete an outfit. For the Muslin Challenge, members create a garment out of at least 2 but not more than 3 yards of cotton muslin fabric. It must be made as part of a member's project work but the Clothing & Textiles/ Sewing project isn't required. Members are encouraged to decorate or embellish the garment. Additional garments may be handmade or purchased. The first service project announced is reusable tote bags made of feed bags, leftover sturdy fabric, canvas or even denim. The second service project will be announced next month. Please see the SFR website for more details on joining the committee, the categories and service projects or the event itself at http://4h.ucanr.edu/4-H_Events/SFD/SFR/.



Research Updates:

Bulletin Examines Children Exposed to Violence, Trauma and Implications for Policing

The [National Institute of Justice](#) has released "[Childhood Trauma and Its Effects: Implications for Police](#)." This bulletin summarizes the effects of ongoing trauma on young children, how these effects impair adolescent and young adult development and functioning, and the possible implications of this for policing. The author examines how children from poor communities of color are particularly at risk due to their additional exposure to street violence.

OJJDP Bulletin Examines Deterrence Among High-Risk Adolescents

OJJDP has released "[Studying Deterrence Among High-Risk Adolescents](#)," the latest bulletin in the Pathways to Desistance series. This bulletin examines the link between perceptions of the threat of sanctions and deterrence from crime among high-risk adolescents. The authors' findings show that severe punishment—such as correctional placement or a longer stay in correctional placement—does not meaningfully reduce juvenile offending or arrests among these youth.

[Foundations of Young Adult Success: A Developmental Framework](#) offers a framework for understanding people's progress from early childhood into early adulthood and describes four "foundational components" children need to develop: Self-Regulation, Knowledge and Skills, Mindsets, and Values. The report also provides information on ways adults can nurture the development of these components by providing rich experiences and the opportunity for reflection.





THE 4-H PLEDGE

Every day I use what I learned
and practiced in
4-H. It was the best activity of
my youth and life!

I pledge my...

HEAD to clearer thinking,

HEART to greater loyalty,

HANDS to larger service,

HEALTH to better living,

for my club,

my community,

my country and

my world.

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University of California
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Get connected with 4-H
through social media!



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