






Proper dress and grooming for an occasion is a matter of exercising good judgment. Dressing well for all 4-H occasions is a skill that individuals should gain knowledge of and value its significance. Adults, members and 4-H staff should encourage this important lesson.

**General Guidelines**

4-H encourages youth and adults to express their individuality within the parameters of the below general guidelines. All clothing shall be neat, clean, acceptable in repair and appearance, and should be worn as appropriate for 4-H events and activities. Articles of clothing that display profanity, products or slogans that promote tobacco, alcohol, drugs and sex are prohibited. Items of clothing that expose bare midriffs, cleavage (front or back), undergarments or that are transparent (see-through) are prohibited. Clothing and footwear should be worn that is appropriate for the activity performed and the terrain the activity is performed in. Additional clothing considerations/restrictions may apply for safety reasons (see 4-H Safety Manual and/or the adult in charge of the event or activity). These general guidelines apply to 4-H members, adult volunteers, parents/guardians and program participants.

	<b>Casual</b> (Meetings, travel days, evening entertainment, camp, etc.)	<b>Business Casual</b> (County and sectional contests, conference assemblies, workshops, roundtable discussions, etc.)	<b>Business</b> (Visits to state capitol, interviews, etc.)
Examples:	Jeans, khakis, shorts, skirts, t-shirts, tennis shoes, flip flops, sandals.  	Slacks or dress pants, button down shirts, polo shirts, blouse, dress/career shoes, boots.  	Suits with dress slacks or skirts, dress slacks with a shirt and tie, blouse, button down shirt, jacket or sweater, dress/career shoes, boots.  

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