# **4-H MARKET POULTRY**



In this project, youth will learn about where their food comes. From market chickens to market turkeys and market ducks, you can learn to raise, show and eat poultry. Starting with deciding which poultry you want to raise and learning how to house and feed them, this project will give youth an understanding of where our food sources start and how to raise them with care and love. Market poultry members will learn:

- The proper care for raising market poultry responsibly and humanely.
- The options in feeding, housing and ethics.

Starting Out	Learning More	Exploring Depth
Beginner	Intermediate	Advanced
<ul> <li>Identify different market poultry species.</li> <li>Learn how to house each of the different species.</li> <li>Learn how to feed each of the different species for the best meat quality.</li> <li>Select one of the market poultry breeds to learn more.</li> </ul>	<ul> <li>Understand how to prevent poultry diseases.</li> <li>Learn what products can be used on a market animal as it relates to food safety.</li> <li>Learn the proteins and fat in feed for the best quality meat.</li> <li>Understand the cut of meat on each breed.</li> <li>Participate in a market show.</li> </ul>	<ul> <li>Make presentations on the raising of market poultry.</li> <li>Demonstrate how to wash and prepared market poultry for judging.</li> <li>Learn to judge market poultry based on judging criteria for market.</li> <li>Learn how to butcher market poultry.</li> </ul>

4-H Thrive!

Help Youth:

#### **Light Their Spark**

A spark is something youth are passionate about; it really fires them up and gives them joy and energy. Help youth find how this project excites them.

#### Flex Their Brain

The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to

### **Reach Their Goals**

Help youth use the GPS system to achieve their goals.

- **G**oal Selection: Choose one meaningful, realistic and demanding goal.
- Pursue Strategies: Create a step-by-step plan to make daily choices that support your goal.

Shift Gears: Change strategies

#### Reflect

Ask project members how they can use their passion for this project to be more confident, competent and caring. Discuss ways they can use their skills to make a contribution in the

The activities above are ideas to inspire further project development. This is not a complete list.





Light Your Spark





# **Expand Your Experiences!**

## Science, Technology, Engineering, and Mathematics

- Research the nutritional needs of market poultry compared to show poultry
- Create an educational display on the different cuts of meat
- Learn how to judge the meat quality of home raised poultry

## **Healthy Living**

- Raise your own meat for your family.
- Learn to cook healthy meals from your flock.
- Research how turkey, duck and chicken are eaten around the world.

## Citizenship

- Prepare an educational display for the fair.
- Encourage members, friends and neighbors to raise their own meat.

### Leadership

- Recruit other members to join the market poultry project.
- Write articles for a newsletter about supporting the small market livestock projects.

Connections & Events	Curriculum	4-H Record Book
Field Day events – Partici- pate in the knowledge bowl or educational poster com- petition. Presentation Day – Share what you've learned with others through a market poultry presentation. Food Faire events – Enter a poultry dish you raised. Butcher – Visit a local butch-	<ul> <li>Storey's Guide to Rais- ing Chickens by Gail Damerow</li> <li>How to Raise Chickens by Paul Poletree</li> <li>Storey's Guide to Rais- ing Ducks by Dave Holderread</li> </ul>	<ul> <li>4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development.</li> <li>4-H Record Books also teach members record manage- ment skills and encourage</li> </ul>
er to learn how to butcher. <b>County Fairs</b> – compete with your market poultry at the	• Storey's Guide to Rais- ing Turkeys by Don	them to set goals and devel- op a plan to meet those goals.

## University of California Agriculture and Natural Resources

Reach Your Goals

Light Your Spark



Flex Your Brain



#### Resources

- California Poultry Federation
   <u>http://cpif.org/</u>
- California Poultry Curriculum <u>http://</u> calaged.csuchico.edu/ resourceFiles/Curriculum/ Poultry/
- Agricultural Marketing Service USDA www.ams.usda.gov/ AMSv1.0/ ams.fetchTemplateData.do? template=TemplateB&leftNav= MarketNewsAndTransportationData&page=PYMarketN ewsReports
- Raising Ducks University of Minnesota Extension <u>http://</u> <u>www.extension.umn.edu/</u> <u>food/small-farms/livestock/</u> <u>poultry/raising-ducks/</u>
- Junior Turkey Show Utah State University <u>http://extension.usu.edu/</u> <u>files/publications/</u> <u>publication/</u> <u>AG Poultry 2011-01pr.pdf</u>
- Raising Turkeys for 4H –



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Reach Your Goals