



Stories from the Field



The Importance of Pollinators

The Northside Nuggets 4-H Club in El Dorado adopted a garden plot at the County fairgrounds. They wanted to address the problem of declining pollinator populations by educating the public about how to plant a garden that draws pollinators. According to US Fish and Wildlife, pollinators are in decline at alarming rates. In consultation with the UC Master Gardeners, they began work on a garden, including a planting work party, putting plant roots in the soil, and mulching the area. An irrigation drip system was installed that was set to a timer to water. The project impacts the community by teaching community members about the importance of pollinators where they can see youth as leaders willing to share knowledge. Additionally, the young people themselves learned the importance of pollinators and have gotten to see many hummingbirds and butterflies in the garden. Learn more about pollinators at http://100.ucanr.edu/Day_of_Science_and_Service/Pollinators/



Authored by: Steven Worker, 4-H Science, Engineering & Technology (SET) Academic Coordinator

Member Tip of the Month:

Did you know 4-H awards Golden Clover scholarships annually recognizing outstanding achievements of members, volunteers, program staff, and groups within the 4-H Youth Development Program?

Applications open again in mid-March 2015.

More info:

<http://4h.ucanr.edu/Resources/Members/GoldenClover/>



4-H Calendar of Events

Check out our statewide
calendar of events, dates
& deadlines!

February

- 2/2/2015 [Application Deadline: 2015 SLC Program Assistants](#)
- 2/6/2015 [2015 National 4-H Beekeeping Essay Contest](#)
- 2/7-8/2015 [4-H Shooting Sports Workshop - Rifle Discipline](#)
- 2/12/2015 [WRLF 2015 Session 2](#)
- 2/14/2015 [South Central Section Leaders Meeting](#)
- 2/16/2015 [State Ambassador Apps Due](#)
- 2/17-18/2015 [IDI Statewide Staff Conference \(Davis\)](#)
- 2/23-24/2015 [IDI Statewide Staff Conference \(Eureka\)](#)
- 2/28/2015 [4-H Equine Field Day](#)

March

- 3/2/2015 [WRLF 2015 Session 3](#)
- 3/3-4/2015 [IDI Statewide Staff Conference \(San Diego\)](#)
- 3/6-7/2015 [39th Annual Agricultural and Environmental Sciences Field Day](#)
- 3/9/2015 [31st Annual 4-H Shooting Match—Entries Due](#)
- 3/16/2015 [3rd Annual State Archery Match—Entry Deadline](#)
- 3/20/2015 [4-H Night at the Sacramento Kings](#)

April

- 4/11-18/2015 [National 4-H Conference](#)

May

- 5/27-29/2015 [4-H Animal Science Symposium](#)
- 5/30/2015 [State 4-H Field Day](#)
- 5/30/2015 [State 4-H Fashion Revue](#)

June

- 6/16/2015 [Annual State Archery Match—Deadline for returning entries](#)
- 6/19-23/2015 [California Focus](#)
- 6/28-7/7 [Citizenship Washington Focus](#)
- 6/24-28/2015 [2015 Horse Classic](#)

July

- 7/14-18/2015 [Leadership Washington Focus](#)
- 7/23-26/2015 [State Leadership Conference](#)

Apply to be a 2015-2016 State Ambassador!

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The California 4-H State Ambassador Program is a working honor that provides 4-H members expanded opportunities to serve the University of California 4-H Youth Development Program.

Due February 16, 2015.

[State Ambassador App Reference Guidelines](#)

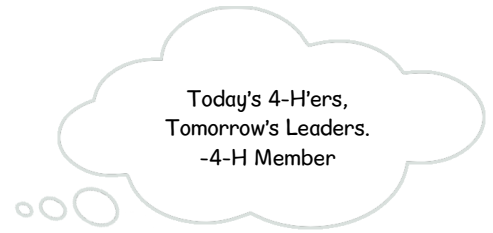
[State Ambassador Application Instructions and Information 2015](#)

[Apply Online](#)

[Submit a Reference](#)



Scholarships, Awards & Grants



2015 Disney Friends for Change Grants

Deadline: February 18

More [info](#).

DOJ Issues Solicitation for [Coordinated Tribal Assistance Solicitation](#) (CTAS)

Deadline: 9 p.m. ET on February 24

2015 Clean Tech Competition

Entry Deadline: February 20

Paper Submission Deadline: March 6

1st Place: \$10,000

Finalists: \$1,000 for school or organization

More [info](#).



OJJDP has announced the following fiscal year 2015 funding opportunities:

[Youth Violence Prevention Coordinated Technical Assistance Program](#). This program provides cross-functional technical assistance to communities, tribes, and agencies funded to serve children and youth as part of the

Defending Childhood, National Forum on Youth Violence Prevention, and Community-Based Violence Prevention Programs. Applications are due by **March 2, 2015**.

[Second Chance Act Strengthening Relationships Between Young Fathers and Their Children: A Reentry Mentoring Project](#). This program supports efforts to reduce

recidivism and improve outcomes for young fathers returning to their families and communities. Applications are due by **March 2, 2015**.

USDA Announces More Than \$18 Million to Support Training and Development for Beginning Farmers and Ranchers.

The Beginning Farmer and Rancher Development Program awards grants to organizations implementing programs to train beginning farmers and ranchers, including workshops, educational teams, training, and technical assistance throughout the United States. Fiscal Year 2015 [applications](#) for BFRDP are due **March 13, 2015**. Eligible applicants are collaborative, state, tribal, local, or regionally-based network or partnership of public or private entities, including state cooperative extension service; community-based and nongovernmental organization; colleges or universities (including institutions awarding associate degrees); or any other appropriate organization providing services to beginning farmers and ranchers. NIFA will host a webinar for interested applicants on Wednesday, **February 11, 2015**, from 2:00-4:00 p.m. EST. No password or advance reservation is required. A recording will be posted on the NIFA website shortly after the event.

FAFSA Completion Commencement Video Challenge Deadline: March 16

More [info](#).

The Paradigm Challenge

Deadline: May 1

More [info](#).

VolunTEEN Nation International Service Project Grants Deadline: Rolling

More [info](#).

Check out more grant & award opportunities on the Youth Services America website:

<http://www.ysa.org>



State Ambassador Corner



State Ambassador Corner

As the New Year begins to fly by the State Ambassadors hope you have a wonderful February! Our team just had our Winter Retreat with the California Technology Leadership Team, and aside from planning State Leadership Conference 2015 and our workshops, we developed a bond with the Technology Leadership Team who supports our efforts at SLC. We finalized our workshops surrounding our two platforms which are Civic Engagement and a uniform County Ambassador Program.

TIC Conference in the South Section were the first to experience our session on Civic Engagement. Both Sallie and Linnae attended TIC and had a great time. They enjoyed interacting with the other 4-H youth and seeing the affect of these conferences on them. While Sallie and Linnae were at TIC, Colton, Christine, Lyle, and Ashley were preparing for their weekend at LCORT in South Central Section. At LCORT they had an amazing time and collected more data which will help create a uniform County Ambassador Program for the state. The Ambassador team would like to thank the Sections for allowing us to attend your conferences and interact with the 4-Hers from across the state.

Lyle and Colton had the honor of Representing California 4-H at the American Farm Bureau Federation Annual convention in San Diego. One of the many highlights was meeting Dr. Temple Grandin.

As we approach the release of the SLC 2015 registration we would like to thank the adult volunteers within the 4-H program. SLC would not be possible without our adult volunteers to lead educational sessions, serve as Advisors, Key Leaders and Resident Advisors. For more information on SLC 2015 http://4h.ucanr.edu/4-H_Events/SLC/

If you are interested in presenting at SLC 2015 please contact the education committee SLC2015presentersinfo@gmail.com.

Sincerely,

The 2014-2015
Ambassador Team



Winter Retreat 2015: Ashley, Christine, Linnae, Madison, Sallie, Justina, Bryce, Andrew, Colton, and Lyle



Program Updates



HEALTHY LIVING

Color Me Green 5K Runs

This March counties across California will be hosting *Color Me Green 5K Runs* in support of Healthy Living! To date, Mendocino, Monterey, Butte, Sutter-Yuba, Imperial, and El Dorado will each host a CMG 5K Run. Through this effort 4-H will be partnering with several local organizations and anticipates nearly 1,000 participants!

More information about hosting a run can be found here:

http://4h.ucanr.edu/Programs/Projects/HealthyLiving/Color_Me_Green_5K_Run/

If you are planning a run, please let us know here:

<https://ucanr.edu/survey/survey.cfm?surveynumber=14385>

El Dorado county registration can be found here:

http://ucanr.edu/sites/EDC_4-H_Program/Color_Me_Green_5K/



4-H Throwdown and Cooking Matters 101, 201, 301

California 4-H members are invited to participate in the Third Annual 4-H Cooking ThrowDown at the State Fair. Teams will consist of three youth that will have 1 hour to prepare a 3-course meal using a surprise secret ingredient. A judge will taste all courses prepared and the winners of each Qualifying Round will then compete to determine the daily 4-H ThrowDown Champion! Registration for this event is not yet open.

To help prepare teams to compete, the Healthy Living Leadership Team recommends Project Leaders to use the *Cooking Matters 101* curriculum. *Cooking Matters* can be found here: <http://web.extension.illinois.edu/state4h/projects/new/>



Program Updates



SCIENCE, ENGINEERING & TECHNOLOGY (SET)

UC Naturalist Program

<http://calnat.ucanr.edu/>

The UC California Naturalist Program is designed to introduce Californians to the wonders of our unique ecology and engage the public in study and stewardship of California's natural communities. The California Naturalist program uses a science curriculum, hands-on learning, problem-solving, and community service to instill a deep appreciation for the natural communities of the state and to inspire individuals to become stewards of their local resources.



Citizen Science Central

<http://www.birds.cornell.edu/citscitoolkit>

Citizen science, volunteer monitoring, participatory action research... this site supports organizers of all initiatives where public participants are involved in scientific research (PPSR). You can find information on current projects throughout the country. The site is administered by the Cornell Lab of Ornithology and includes a great, kid-friendly overview of California quail, California condor and many other species.

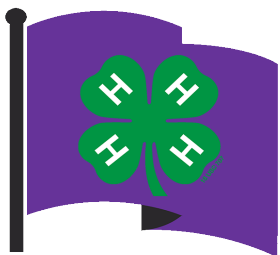
March 22 - World Water Day 2015: Water and Sustainable Development

<http://www.timeanddate.com/holidays/un/world-water-day>

The United Nations' (UN) World Water Day is held on March 22 each year. Events are organized on or around this day to increase people's awareness of water's importance in environment, agriculture, health and trade.



MILITARY



CALIFORNIA
4-H MILITARY
PROGRAM

4-H Military Program

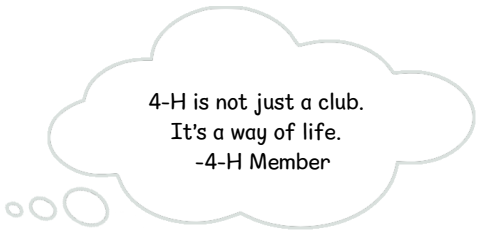
Military Session: Project Noyo

This year Camp Mendocino, a program of Boys & Girls Clubs of San Francisco, is excited to be offering Project Noyo, a nine-day summer session for \$200 open exclusively to children of active duty military personnel and veterans of U.S. Military. The youth will participate in activities specifically designed for military youth, outdoor education, and have 9 days of fun.

For more information visit the website www.campmendocino.org.



Program Updates



ANIMAL SCIENCE

4-H EQUINE

field day

FEB 28

WHAT: 4-H Equine Field Day
WHEN: February 28, 2015
 9:00am-4:00pm
WHERE: Fresno State
 Agriculture Pavilion
COST: \$10/\$15

YOUTH AND ADULT TRACKS
http://4h.ucanr.edu/4-H_Events/State_Horse_Field_Day/

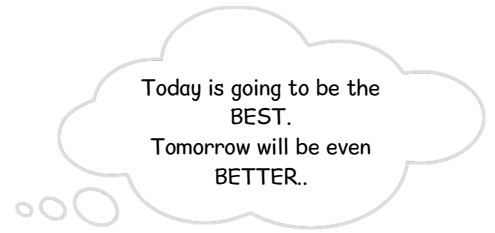
It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/176836.doc>). Inquiries regarding ANRs nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1318.

University of California
 Agriculture and Natural Resources | 4-H Youth Development Program
4h.ucanr.edu/4-H_Events/Small_Animal_Field_Day/

Register here: <http://ucanr.edu/survey/survey.cfm?surveynumber=13534>
 More in formation here: http://4h.ucanr.edu/4-H_Events/State_Horse_Field_Day/



Program Updates



ANIMAL SCIENCE CONTINUED..

Hosting a Qualifying Horse Show?

Register your show here: <http://ucanr.edu/qualifying-shows> for it to be considered a qualifying show for the 2015 California Horse Classic.

Criteria for a Qualifying Show:

- Show verified by County
- Up to 3 shows per county
- Each horse show must be registered
- The Horse Show must offer the same class categories that are offered at the State 4-H Classic (they may offer more if they choose too)
- Management of each show is required to send show results to Sarah Watkins at the State 4-H Office

Please submit results on this form: [Classic Qualifying Show Results Sheet](#)
Results can be sent via email to spwatkins@ucanr.edu

Looking for a Qualifying Horse show for the 2015 California 4-H Horse Classic?

Visit <http://ucanr.edu/classic-qualifiers> to find a Horse Show near you!



2015 State 4-H Horse Classic –Save the Date
June 24-28, 2015

Brookside Show park

http://4h.ucanr.edu/4-H_Events/Horse_Classic/

Check out the blog for up-to-date information!



Program Updates



POSITIVE YOUTH DEVELOPMENT

Higher Education Scholarships:

Results of the 2014 Higher Education Scholarships are posted at <http://4h.ucanr.edu/Resources/Members/Scholarships/>
The 2015 call for scholarship applications will be released in mid-March.

Golden Clover Awards:

Results of the 2014 Golden Clover Awards are posted at <http://4h.ucanr.edu/Resources/Members/Scholarships/>
The 2015 call for nominations will be released in mid-March.

State Record Book Competition:

Results are posted at <http://4h.ucanr.edu/Resources/Members/RecordBook/RBCompetition/>
Record Books submitted to State Competition were returned to UCCE 4-H Offices in mid-January.

CITIZENSHIP/LEADERSHIP

Introducing Citizenship & Leadership Gift Certificate Program

This program allows family members & friends of 4-H members to provide a specific 4-H member with financial support for attending Statewide and National 4-H Citizenship and Leadership Conferences. Gifts may be used on registration costs of the following conferences and events.*

- Citizen Washington Focus
- California Focus
- Leadership Washington Focus
- State Leadership Conference

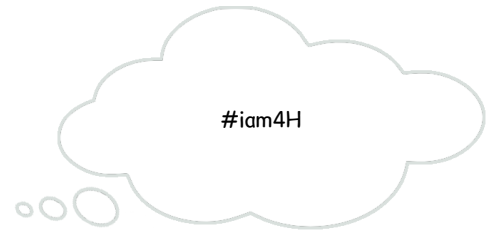
•[Order](#) a gift certificate today!

For questions please contact Jenna Colburn, jcolburn@ucanr.edu





Program Updates



CITIZENSHIP/LEADERSHIP CONTINUED..

2015 SLC Program Assistants

Program Assistant applications open now. Due February 2, 2015: http://4h.ucanr.edu/4-H_Events/SLC/

If you have been to SLC and are now between the ages of 19-24 you still want meaningful ways to be involved in the program, you REALLY like being with members, you enjoy staying up late for group discussions and sharing your positive experiences with the delegates. This is the opportunity for you!

SLC Program assistants will have a crucial role in the youth delegates experience. The Program Assistant role helps SLC delegates have the most amazing leadership experience possible. This role has a selection process.

Read responsibilities: http://4h.ucanr.edu/4-H_Events/SLC/



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[Submit a Reference](#)

MORE UPDATES

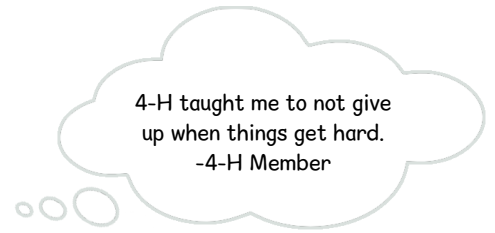
National 4-H Hall of Fame Ceremony - Call for MC and entertainment nominations

Due to the State 4-H Office by April 15, 2015.

The 2015 National 4-H Hall of Fame Induction Ceremony is scheduled for October 9, 2015 at the National 4-H Youth Conference Center in Chevy Chase, Maryland. The 4-H Hall of Fame Committee is soliciting applications for a 4-H member to serve as the master/mistress of ceremonies and one to provide entertainment (vocal or instrumental) for this event. Details on how to apply are provided on the respective applications: [Entertainer Application](#), [MC Application](#). The State 4-H Office may nominate one candidate for consideration as the master/mistress of ceremonies and one candidate to provide entertainment. Applications are due to the California State 4-H Office by April 15, 2015 so applications can be reviewed and nominations from California selected and submitted by the deadline. If multiple applications are received the State 4-H Incentives and Recognition Advisory Committee will review and recommend nominees to Shannon Horrillo, the Associate Director of 4-H Program and Policy for final selection. That State 4-H Office will submit the application packets from state's nominees by the May 1st deadline. If you have any questions, contact the State 4-H Office at ca4h@ucanr.edu or 530-750-1334.



Program Updates



MORE UPDATES

4-H Night at the Sacramento Kings!

Friday, March 20th, 2015

20% of sales go to support 4-H Animal Science!

Link: https://oss.ticketmaster.com/html/group_corp_start.html?l=EN&team=sackings&owner=12835009&group=8993&err&event&customerID

Passcode: Kings



California State Fashion Revue 2015

Sewers and crafters across the state are working hard to complete outfits in time for their county Fashion Revues. The SFR committee has news for you! The deadline for the Cover Art Contest is **February 15**. Contest specifics and entry info is found on line at <http://ucanr.edu/sfrcovercontest>. This contest is open to all artists, whether or not they sew. Rubric Scorecards and the Guide for Judges will be posted by **February 1**. SFR registration is open **April 1 to May 16**. SFR is **May 30** at UC Davis as part of State Field Day.

If you are hosting or entering county Fashion Revue, please take a moment to check out the informational flyers on each category offered: Traditional, Consumer Science Purchased, Upcycled, Jacket Challenge, and Costume Challenge. The website is packed with information to get your county winners ready for the state contest, as well as the SFR service projects and the Fab Mart sale table. All of this can be found at http://4h.ucanr.edu/4-H_Events/SFD/SFR/.

Because State Fashion Revue has so much to offer, it takes an army of volunteers to accomplish. Please consider one of the many volunteer opportunities available. If you're able to volunteer as a Judge or Room Monitor, sign up at <http://ucanr.edu/sfr2015judges> or contact Charlean with questions at teacherc2@yahoo.com.

The SFR committee is compiling an email list of sewing leaders across the state. If your county hasn't already done so, please contact Rachel with the names and emails of your county sewing leaders at sierrascoop@sbcglobal.net. We are getting a very positive response from sewing leaders across the state who've already joined the list!

39th Annual Agricultural and Environmental Sciences Field Day

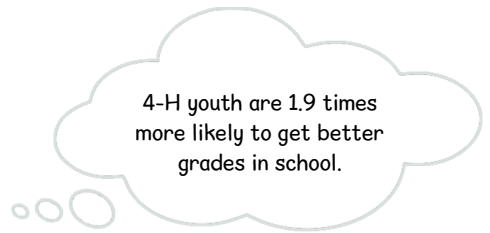
March 6, 2015 - March 7, 2015

The UC Davis Agricultural and Environmental Sciences Field Day consists of 24 judging events and leadership contests that are all facilitated by current UC Davis undergraduate students. More [info](#).

Register: <http://calaged.csuchico.edu/registration/>



Program Updates



MORE UPDATES

2015 National 4-H Beekeeping Essay Contest

2015 Essay Topic: *"Planting for Bees from Backyards and Up"*

Participate in the 2015 National 4-H Beekeeping Essay Contest and submit a 750 to 1000 word essay with the listed criteria in this [document](#). This contest is open to active 4-H club members and must adhere to the requirements and designated subject.

Awards: 1st Prize - \$750, 2nd Prize - \$500, 3rd Prize - \$250

Essays must be submitted electronically as a Word or .pdf attachment, to the State 4-H Office by **February 6, 2015**. Email to: ca4h@ucanr.edu. In the subject line write: 2015 National Honey Bee Contest. The National winners' essays will appear in an issue of the American Beekeeping Federation's newsletter.



Shooting Sports Workshops and Shooting/Archery Matches

Don't miss upcoming shooting sports workshops and match information, listed on the 4-H Shooting Sports page and calendar: <http://4h.ucanr.edu/Programs/Projects/SET/ShootingSports/>

31st Annual 4-H State Shooting Match— Entries for the State 4-H Shooting Sports Match, must be postmarked by **March 9, 2015**.

[2015 Shooting Match Registration](#)

[2015 Shooting Match Rules](#)

[2015 Cover Letter](#)

3rd Annual State Archery Match— The deadline for entering is **March 16, 2015** and the deadline for returning the entries is **June 16, 2015**.

Rules: <http://cemendocino.ucanr.edu/files/204379.pdf>

Forms: <http://cemendocino.ucanr.edu/files/204380.pdf>

State Field Day Updates

May 30, 2015, 8:00am-6:00pm

UC Davis Campus-Wellman Hall

Revamped State Field Day Webpage check it out: http://4h.ucanr.edu/4-H_Events/SFD/

Special Recognition and Impromptu Topics for 2015 Presentation Program are now available! Find them here: http://4h.ucanr.edu/4-H_Events/SFD/PD/





Research Updates

4-H builds self-esteem, and helps youth to realize that their opinion counts and that they can make a difference.
-4-H Volunteer

bridging the gap
Research Informing Policies & Practices
for Healthy Youth

School Policies and Practices to Improve Health and Prevent Obesity: National Secondary School Survey Results
VOLUME 5

2006 - 2007
2007 - 2008
2008 - 2009
2009 - 2010
2010 - 2011
2011 - 2012
2012 - 2013

SCHOOL YEARS

December 2014

Bridging the Gap

Bridging the Gap has completed a comprehensive report of secondary school efforts in obesity prevention.

The full report can be viewed here: http://www.bridgingthegapresearch.org/asset/k2fh75/SS_Dec2014_report.pdf?

4-H Grown

Did you have any involvement in 4-H as a young person -- in school, an afterschool program, summer camp or a 4-H Club? If yes, you are likely a great example of how 4-H develops confidence, resilience, leadership and other life skills in young people around the world.

A recent research study estimates there are more than 25 million 4-H alumni across the United States, including celebrities like Jennifer Nettles, Al Gore, and Nancy Grace. This month, National 4-H Council announced a national 4-H GROWN Alumni Campaign to get more alumni to re-connect with the 4-H that helped them succeed in life.

As a 4-H alum in the media, you can help other alumni in your state re-connect with the 4-H and, in the process, help California win a national contest for a \$10,000 sponsorship that will bring 4-H science and technology programs to local young people.

Specifically, as a respected local figure, it would be so helpful if you could "check in" as a 4-H alum at www.4-H.org/4HGROWN and encourage other alumni to do the same via your social channels.



CHECK IN FOR YOUR STATE TO WIN

WIN A \$10,000

SCIENCE SPONSORSHIP

HughesNet



FROM HughesNet



Staff Updates

Every day I use what I learned
and practiced in 4-H. It was the
best activity of my youth and life!
-4-H Member

- **Intercultural Development Statewide Staff Conference**

Reminder: Register for the Intercultural Development Statewide Staff Conference no later than **February 1**. To see the agenda, schedule and/or register go to: http://4h.ucanr.edu/4-H_Events/Intercultural_Development_Statewide_Staff_Conference_2015/

- **1st Installment Enrollment Fees 2014-2015.** The payment form and instructions have been posted at http://4h.ucanr.edu/Resources/StaffResources/Monthly_Dates_and_Deadlines/. Completed forms and payment are due to the State 4-H Office by **January 31, 2014**. Contact Whitney Bell, webell@ucanr.edu for questions.

- **Make It Safe, Keep It Safe Food Safety Training**

The Make It Safe, Keep It Safe (MISKIS) food safety training has been updated for this quarter. As a reminder, I will be updating the survey list and posting it to: http://4h.ucanr.edu/Resources/StaffResources/Program_Guide/ on a quarterly bases. This will provide staff with an easy way to determine those that have taken the MISKIS training.

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ca4h@ucanr.edu



University of California
Agriculture and Natural Resources

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Get connected with 4-H
through social media!

