## Measure: Positive Youth Development

### **Source:** Arnold, M.E., Nott, B. D., & Meinhold, J. L. (2012). The Positive Youth Development Inventory (Revised 2012). © Oregon State University. All Rights Reserved.

**Description**: This measure contains the 6 C’s of positive youth development: Caring, Character, Competence, Confidence, Connection, and Contribution. The original source contains 55 items, broken down into the 6 C’s as outlined below. California 4-H currently utilizes only 30 of these items. These are marked with an \* in the survey.

**Scoring for the measure:** Create an average of each set of items. There are 6 proposed subscales.

1. Competence: items 1-14
2. Character: items 15-23
3. Connection: items 24-31
4. Caring: items 32-39
5. Confidence: items 40-48
6. Contribution: items 49-55

An average of all 55 (or 30) items is also created to have a scale of overall positive youth development.

**Items requiring reverse coding**: None

### **Sample SPSS Syntax**

***Scale Creation*:**

\*Competence.

COMPUTE pydcomp=mean(pyd1 TO pyd14).

VARIABLE LABELS pydcomp ‘PYD Competence’.

EXECUTE.

\*Character.

COMPUTE pydcha=mean(pyd15 TO pyd23).

VARIABLE LABELS pydcha ‘PYD Character’.

EXECUTE.

\*Connection.

COMPUTE pydconn=mean(pyd24 TO pyd31).

VARIABLE LABELS pydconn ‘PYD Connection’.

EXECUTE.

\*Caring.

COMPUTE pydcare=mean(pyd32 TO pyd39).

VARIABLE LABELS pydcare ‘PYD Caring’.

EXECUTE.

\*Confidence.

COMPUTE pydconf=mean(pyd40 TO pyd48).

VARIABLE LABELS pydconf ‘PYD Confidence’.

EXECUTE.

\*Contribution.

COMPUTE pydcont=mean(pyd49 TO pyd55).

VARIABLE LABELS pydcont ‘PYD Contribution’.

EXECUTE.

\*Positive youth development.

COMPUTE pyd=mean(pydcomp, pydcha, pydconn, pydcare, pydconf, pydcont).

VARIABLE LABELS pyd ‘PYD’.

EXECUTE.

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| **The (County) 4-H Office is building an information bank about youth. This is so we can see how young people grow and learn. This bank is created with information from surveys like the ones attached here.**  **If you agree, information from these surveys can be used for research. We will make sure your answers to surveys are anonymous. This means that people will not know who wrote it.**  **You can choose not to participate if you wish; there are no consequences for not participating.**  **You can ask questions about this at any time.  If you have questions, please contact the (County) 4-H Office at (email) or (XXX) XXX-XXXX.** | | | | |
| Choose One | Yes, I agree to be part of the study. | | No, I do not agree to be part of the study. | |
| First Name |  | | | |
| Last Name |  | | | |
| County |  | | | |
| Club |  | | | |
| Date | \_\_\_\_\_\_/\_\_\_\_\_\_/\_\_\_\_\_\_ | | | |
| **This survey should be completed by youth only.**  **You may choose not to answer any question you are not comfortable with.** | | | | |
| 1. How old are you? | |  | | |
| 2. What grade are you in? | |  | | |
| 3. Are you ... (Select ONE) | | A boy | | A girl |
| 4. Are you... (Select ALL that apply). | | African American/Black  Asian  Native American/Alaskan Native | | Native Hawaiian/Other Pacific Islander  White  Other |
| 5. Are you... (Select ONE) | | Hispanic/Latino | | Not Hispanic/Latino |
| 6. What is the primary language spoken in your home? | | English  Spanish | | Hmong  Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| 7. Where do you live? (Select ONE) | | Farm  Rural (non-farm residence/town under 10,000)  Town or City 10,000-50,000 | | Suburb of a City over 50,000  City over 50,000 |
| 8. How many years have you been participating in 4-H? (Select ONE) | | This is my first year  This is my second year | | Three or more years |
| 9. In general, how many hours do you spend in 4-H programs/projects each week? (Select ONE) | | One hour or less each week  Between one and three hours each week | | More than three hours each week |
| 10. What types of 4-H programs or projects are you involved in? (Select ALL that apply) | | Clubs  Camps  After-school programs  Special interest clinics or workshops | | Web-based or online programs  Local fairs/events  Community service projects  Working on my projects at home  Other |

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| **Please rate how strongly you agree or disagree with the following statements.** | **Strongly disagree** | **Disagree** | **Neither agree nor disagree** | | **Agree** | | **Strongly agree** |
| 1. I am a good student\* |  |  |  |  | |  | |
| 1. I take part in activities at my school |  |  |  |  | |  | |
| 1. I like to learn new things |  |  |  |  | |  | |
| 1. I am a creative person |  |  |  |  | |  | |
| 1. I make good decisions\* |  |  |  |  | |  | |
| 1. I make friends easily |  |  |  |  | |  | |
| 1. I feel comfortable in social situations\* |  |  |  |  | |  | |
| 1. I can handle problems that come up in my life\* |  |  |  |  | |  | |
| 1. I can manage my emotions\* |  |  |  |  | |  | |
| 1. I can handle being disappointed |  |  |  |  | |  | |
| 1. I am aware of other people’s needs in social situations |  |  |  |  | |  | |
| 1. I have goals for my life |  |  |  |  | |  | |
| 1. I know what I want to do for a career |  |  |  |  | |  | |
| 1. I am interested in learning about careers I could have |  |  |  |  | |  | |

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| **Please rate how strongly you agree or disagree with the following statements.** | **Strongly disagree** | **Disagree** | **Neither agree nor disagree** | **Agree** | **Strongly agree** |
| 1. It is important for me to do the right thing\* |  |  |  |  |  |
| 1. I try to do the right thing, even when I know that one will know if I do or not |  |  |  |  |  |
| 1. I think it is important for me to be a role model for others\* |  |  |  |  |  |
| 1. It is important for me to do my best\* |  |  |  |  |  |
| 1. It is important that others can count on me\* |  |  |  |  |  |
| 1. If I promise to do something I can be counted on to do it\* |  |  |  |  |  |
| 1. I am able to behave appropriately in most settings |  |  |  |  |  |
| 1. I am able to stand up to peer pressure when I feel something is not right to do |  |  |  |  |  |
| 1. I have people in my life whom I look up to and admire |  |  |  |  |  |

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| **Please rate how strongly you agree or disagree with the following statements.** | **Strongly disagree** | **Disagree** | **Neither agree nor disagree** | **Agree** | **Strongly agree** |
| 1. I have a wide circle of friends\* |  |  |  |  |  |
| 1. I think it is important to be involved with other people\* |  |  |  |  |  |
| 1. My friends care about me\* |  |  |  |  |  |
| 1. I feel connected to my teachers\* |  |  |  |  |  |
| 1. Having friends is important to me |  |  |  |  |  |
| 1. I feel connected to others in my community |  |  |  |  |  |
| 1. I have adults in my life who are interested in me |  |  |  |  |  |
| 1. I feel connected to my parents\* |  |  |  |  |  |

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| **Please rate how strongly you agree or disagree with the following statements.** | **Strongly disagree** | **Disagree** | **Neither agree nor disagree** | **Agree** | **Strongly agree** |
| 1. When there is a need I offer assistance whenever I can |  |  |  |  |  |
| 1. It is easy for me to consider the feelings of others\* |  |  |  |  |  |
| 1. I care about how my decisions affect other people\* |  |  |  |  |  |
| 1. I try to encourage others when they are not as good at something as me\* |  |  |  |  |  |
| 1. Other people’s feelings matter to me\* |  |  |  |  |  |
| 1. I can be counted on to help if someone needs me. |  |  |  |  |  |
| 1. I care about the feelings of my friends\* |  |  |  |  |  |
| 1. When one of my friends is hurting, I hurt too. |  |  |  |  |  |

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| **Please rate how strongly you agree or disagree with the following statements.** | **Strongly disagree** | **Disagree** | **Neither agree nor disagree** | **Agree** | **Strongly agree** |
| 1. I feel good about my scholastic ability |  |  |  |  |  |
| 1. I feel I am a good athlete |  |  |  |  |  |
| 1. I am satisfied with how I look\* |  |  |  |  |  |
| 1. I feel accepted by my friends\* |  |  |  |  |  |
| 1. In general, I think I am a worthy person\* |  |  |  |  |  |
| 1. I know how to behave well in different settings\* |  |  |  |  |  |
| 1. I can figure out right from wrong |  |  |  |  |  |
| 1. I have close friendships |  |  |  |  |  |
| 1. I can do things that make a difference\* |  |  |  |  |  |

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| **Please rate how strongly you agree or disagree with the following statements.** | **Strongly disagree** | **Disagree** | **Neither agree nor disagree** | **Agree** | **Strongly agree** |
| 1. I take an active role in my community |  |  |  |  |  |
| 1. I am someone who gives to benefit others\* |  |  |  |  |  |
| 1. I like to work with others to solve problems. |  |  |  |  |  |
| 1. I have things I can offer to others\* |  |  |  |  |  |
| 1. I believe I can make a difference in the world\* |  |  |  |  |  |
| 1. I care about contributing to make the world a better place for everyone\* |  |  |  |  |  |
| 1. It is important for me to try and make a difference in the world\* |  |  |  |  |  |

**Note**: \* indicates the 30 items used in the short version.