|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Room** | **Workshop A** **(10:00 – 10:30)** | **Workshop B** **(10:35 – 11:05)** | **Workshop C** **(11:10 – 11:40)** | **Workshop D** **(1:05 – 1:35)** | **Workshop E** **(1:40 – 2:10)** |
| **Assembly 1** |   |  |  |  |  |
| **Assembly 2** | **Primary Life skill stations:** Webs and Connections | **Primary Life skill stations:** Websand Connections.  | Lego Fun **for all ages**  | **Lego Fun for all ages**  | **Experience Blindness for all ages**  |
| **Assembly 3 close to catering Kitchen** | ***Life Skill workshop:*** DON’T LET THEM BUG YOU | ***Life Skill workshops:*** ***Make Thank You Cards. Limit 10*****All Star Roundtable** | ***Life Skill workshop:*** Fiber Arts: Weaving and its applications | ***Life Skill workshop:*** **Plant & Veg. judging contest workshop** |  |
| **Catering Kitchen** |  | Lunch Setup | Lunch Setup | Lunch Cleanup |  |
| **Calaveras** | Shooting Sports Introduction | Juice it up | Healthy Living | **Got Milk** |  |
| **Mokelume**  | Translating 4-H to Resumes and Interviews.  | 4-H Actions + Results = Resume Builders | **Engineering the yummy way**  |  | **Bike Safety** |
| **Delta**  | Let's discuss this | 101 Tips from Judge Judy | 101 Tips from Judge Judy continued | **I Pads Movies** | What's Bugging You? |
| 4-H Learning center - table sit 10 people  | Helpful Hatters-Sewing Fleece hats . limit 8 | Helpful Hatters-Sewing Fleece hats limit 8 | Clothing ***& Textiles:Need*** Facilitors:  | ***Sew a You Tube Skirt***limit 8 | ***Sew a You Tube Skirt***continue |
| **Patio area** | **It’s A Fowl Business** | **Show Me the Bunny** | *Workshop***: All about bikes** **Primary Life skill stations:** Basic Rabbit Care  | Dog Obedience |  |
| Lobby | **Registration & Check-in** | Dancing around! | Dancing around! | Get Moving with Precision Spinning and Swirling Flags | Get Moving with Precision Spinning and Swirling Flags |
| Front Entry |  |  |  | Zoom Zoom |  |

|  |  |  |
| --- | --- | --- |
| **Workshop Name** | **Workshop Description** | **Facilitator** |
| Translating 4-H to Resumes and Interviews Limit: 20\_ | How do you sell yourself in a resume or interview? Learn the components of a written summary and a verbal presentation of skills, knowledge and experience from your 4-H activities to use on your resume and as a response to “Tell Me About Yourself” in an interview. | Lynnette J. Ward (Past Diamond Star/Alumni 4-Her) Career ConsultantConsulting, Coaching & Training |
| 4-H Actions + Results = Resume Builders | How do you write a resume to reflect the skills, knowledge and experience you have gained in 4-H activities and identify what is transferable to your education and career? Learn how to structure accomplishment statements focused on actions and results to build a resume targeted to roles you desire. | Lynnette J. Ward (Past Diamond Star/Alumni 4-Her) Career ConsultantConsulting, Coaching & Training |
| 101 Tips from Judge Judy workshop is both session B & C for total of an hour | Workshop Objectives: to influence how people write comments regarding youth work to focus on appropriate and encouraging responses. How many times have you been asked to give some feedback on a member's work? What can you say that will inspire that member to perform harder versus comments that make them want to quit? Join us for a rousing adventure as we share suggestions for remaining objective while incorporating the positive with the learning piece of being a judge. Target audience: Anyone who will ever write or express a comment regarding the taste of a cookie, the look of a garment, the work of a junior leader, the communication skills demonstrated, a record book, should clamor to attend this workshop | Facilitor: Mary Engebreth & SFR committee team |
| Clothing ***& Textiles***Helpful Hatters-Sewing Fleece hats for the community. Limit 8 | Learn  **how to sew fleece Hats for State Fashion Revue community service for 2015** - The hats could be for youth or adult cancer patients, preemies, or other at risk people. You will also cut out green fleece and sew a 4-H fleece hat if time allows.  | Facilitors: Carianne Kolkmann & Alanna Kolkmann limit |
| Clothing ***& Textiles: Sew a You Tube Skirt Limit 8*** | Introduce youth to cool sewing videos on You Tube. Cut out simple (no Pattern) skirt (only 2 pieces) and sew | Facilitors: Erin Tiernan-Lang & Sharon Tierman-Lang |
| Clothing ***& Textiles***Fiber Arts: Weaving and its applications |  **I will bring samples of angor & cashmere goat fiber, sheep, and rabbit fiber; containers for each type of fiber; weaving tools and inkle loom, yarn for loom, different color construction paper for paper weaving for hands on activity, poster board for informational poster on different types of weaving and textiles (natural animal fiber & plant fiber used for clothing/ropes to carbon cloth: used for aircraft). Will provide a pattern to make woven hat** | Facilitors: Brandon Brown |
| ***Make Thank You Cards:*** community servicelimit 10 | **Learn** pin punch and embroidery on paper **techq. while** make Thank You cards | **Facilitators: Lorita Sutton** |
| Healthy Living | This session will introduce Healthy Living information and handouts to attendees. They will learn effective ways to teach healthy living to all ages.   | Facilitors: Angela Richards |
| Let's discuss this | Open to senior members. Come learn about Discussion Meets. A new project released by the state. This project is designed to build basic discussion skills, develop a keen understanding of important issues and explore how groups can pool knowledge to reach consensus and solve problems. So let's discuss this! | Facilitors: Jacob Miner |
| Juice it up – limit 12 | Learn how to make different variations of smoothies | Facilitors: Gayle Watkins |
| **Experience Blindness for all ages** | will be presenting life skills for the visually impaired and how the sighted world can learn and appreciate these life skills.    | Facilitors: |
| **Got Milk** | Make and taste Ice Cream and fresh made butter | Facilitors: Genavieve Kisst & Liz Langum |
| **Engineering the yummy way**  | Can you build a two or more stories building out of toothpicks & marshmallows that can with- stand a staminated earthquake | Facilitor: Elliott & Emily Stenzler |
| Zoom Zoom limit 12 | Watch and learn how to change a car tire, jump start a car battery, and check fluids | Facilitors: Keith Witbeck |
| Get Moving with Precision Spinning and Swirling Flags 8-Intermediate and Senior members (12 and up) | "Don't be afraid of opposition. Remember, a kite rises against, not with the wind." | Facilitors: Megan Canepa  |
| Dancing around! Limit 15 | Learn fun exercises to new music while learning basic dance moves | Facilitors : Amy Strong, a dance instructor |
| DON’T LET THEM BUG YOU | PRESENTATION ABOUT BASIC ENTOMOLOGICAL INFORMATION AND HOW TO COLLECT, PRESERVE AND DISPLAY YOUR INSECT COLLECTION (HANDS-ON PRACTICE WITH PINNING INSECTS) | Facilitors: Zamora 4-H Entomology group |
| What's Bugging You? Limit 20 | Learn about entomology (the study of insects) and learn how to make a collection! | Facilitors: Matthew Terra |
| **Plant & Veg. judging contest workshop** | Learn how to pick the best plant or veggie when doing a judging contest. Then judge a few plants or Veggies. | Facilitors: members of the state 4-H Horticulture Judging team |
| Show Me the Bunny | Rabbit showmanship clinic. Demonstration of proper technique and helpful hints on what judges are looking for. Tips on choosing a showmanship rabbit and insights into questions you might be asked.  | Facilitors: Melissa Mattis |
| **It’s A Fowl Business** | Poultry Showmanship workshop. Participants may take a turn working with a chicken.  | Nicholas Arroyo & Connie Jauregui |
| All about bikes – limit 20 | Learn bike safety, how to fix a flat tire, and bike part identification. | Facilitors: Giovanni German |
| Bike Safety | proper things to wear for bike riding (ie. what clothes, things like helmets and gloves) and that I would go over safety for riding on the rode in like a city and the different hand signals. | Facilitors: Giovanni German |
| Dog ObedienceLimit 15 | This workshop will give members hands on practice working with trained dogs. There will be a shortdemonstration of dog obedience trials, rally trials, and information on dog nutrition and treats. Members will take home asample and recipe for home made dog treats. | Facilitors: Rianna Fleck |
| All Star Roundtable | This is a roundtable for any past and present county all stars from near and far. I would like to have discussions on ways to improve county All-Star programs for each county, as well as comparing each other’s jobs as county All-Stars. My goal is to send the people who attend this workshop back home with more ideas to improve their county | Facilitors: **Jenna O’Brien** |
| Shooting Sports Introduction | This is a workshop for leaning about 4-H Shooting Sports from club to national level. I will also talk about the benefits of Shooting Sports and what type of things you can do in the Shooting Sports program.  | Facilitors: **Jenna O’Brien** |
| **Life Skills Stations:**  |  |  |
| Clothing ***& Textiles -*  Community Service**  | Cutting Fabric & pinning | Facilitors: SFR committee |
|  |  |  |
| **Experience Blindness for all ages** | will be presenting life skills for the visually impaired and how the sighted world can learn and appreciate these life skills.    | Facilitors: San Joaquin Guide Dogs |
| **Lego Fun for all ages**  | It will be a fun activity for all ages. There are different type of lego blocks to use so be creative. | Facilitors: Conchita Rivers |
|  **Assembly room 2 -** activity for primaries - **Life Skills Stations: Primary members K- 3** |  |  |
| Webs and Connections | Join the interactive activities that help you understand the concepts of relationships and connectedness. The Sonoma County 4-H Wildlife Project members will help you get involved and share their excitement and expertise.  | Facilitors:Wildlife Project in Sonoma County |
| Basic Rabbit Care  | Learn basic rabbit care & hand ling skills | Facilitors: Melissa Mattis |
|  |  |  |
|  |  |  |