



# 4-H FLOWER ARRANGING PROJECT



## 4-H THRIVE

Help youth:

### Light Their Spark

A spark is something youth are passionate about; it really fires them up and gives them joy and energy. Help youth find how this project excites them.

### Flex Their Brain

The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to help them reach higher levels of success.

### Reach Their Goals

Help youth use the GPS system to achieve their goals.

**Goal Selection:** Choose one meaningful, realistic and demanding goal.

**Pursue Strategies:** Create a step-by-step plan to make daily choices that support your goal.

**Shift Gears:** Change strategies if you're having difficulties reaching your goal. Seek help from others. What are youth going to do when things get in their way?

### Reflect

Ask project members how they can use their passion for this project to be more confident, competent and caring. Discuss ways they can use their skills to make a contribution in the community, improve their character or establish connections.

In this project, youth learn about flowers by partnering with adults to plan and create flower arrangements and floral crafts. Youth will demonstrate the knowledge and skills required for a career in the floriculture industry, including identifying, handling and arranging cut flowers.

- Understand the shapes, elements and principles of floral design.
- Identify common flowers and determine their purpose in an arrangement.
- Discover art concepts such as color, shape, proportion, composition and content.
- Create a variety of flower arrangements that showcase your skills.

### Starting Out *Beginner*

- Learn basic varieties of flowers, filler and foliage.
- Demonstrate how to prepare floral foam.
- Design a round arrangement in floral foam.
- Create a color wheel and learn how designers use it.
- Use and maintain common floristry tools.
- Demonstrate how to condition cut flowers upon delivery to the florist.
- Draw and label six basic arrangement shapes.
- Create an arrangement using silk flowers.

### Learning More *Intermediate*

- Create a vase arrangement.
- Visit a full-service flower shop and observe the skills needed for the job.
- Identify the four traditional flower forms.
- Design a corsage and boutonniere.
- Demonstrate how to make two types of floral bows.
- Know and regularly use the elements of floral design.
- Learn how to wire and tape a variety of flowers.
- Press flowers and use them to create cards, candles, and bookmarks.

### Exploring Depth *Advanced*

- Design a specialty arrangement, such as a bridal bouquet or topiary.
- Learn how to price flowers with an industry appropriate mark-up.
- Know and regularly use the principles of floral design.
- Tour a wholesale flower market to see how growers sell their product.
- Identify 100 different flowers, filler and foliage commonly used in floral design.
- Create a resume for a job in the floral industry.

The activities above are ideas to inspire further project development. This is not a complete list.



# Expand Your Experiences!

## Healthy Living

- Research how different colors can affect mood. Create an arrangement that might change a negative mood to a positive one.
- Create a salad and include fresh, edible flowers, such as borage or pansies.
- Create an edible fruit arrangement to serve at your next 4-H meeting.

## Science, Technology, Engineering, and Mathematics

- Learn about the reproductive parts of a plant by dissecting a flower.
- Experiment with various substances (e.g., lemon juice, bleach, floral food, baking soda, sugar, etc.) to determine the best way to preserve cut flowers.
- Participate in a citizen science project related to flowers, such as [www.greatsunflower.org](http://www.greatsunflower.org).

## Citizenship

- Deliver flowers to injured veterans in military hospitals.
- Research how flowers are used medicinally in different cultures.
- Work with a local senior center to provide corsages and boutonnieres for their next social.
- Teach a class on floral design at a local YMCA or community center.

## Leadership

- Organize a flower sale to raise money for a special cause or for your 4-H club.
- Volunteer to decorate your family's home for a holiday. Include dried or fresh flowers.
- Teach others in your 4-H club how to create an attractive arrangement. As a club, donate your flowers to a community event or venue.

## Resources

- The Sunflower Project  
[www.greatsunflower.org](http://www.greatsunflower.org)
- Project Bud Burst  
[neoninc.org/budburst](http://neoninc.org/budburst)
- Floral Design Institute  
[www.floraldesigninstitute.com](http://www.floraldesigninstitute.com)
- uBloom  
[www.uBloom.com](http://www.uBloom.com)
- About Flowers  
[www.aboutflowers.com](http://www.aboutflowers.com)
- Florists' Review  
[www.floristsreview.com](http://www.floristsreview.com)
- California Cut Flower Commission  
[www.cffc.org](http://www.cffc.org)
- Flower Possibilities  
[www.flowerpossibilities.com](http://www.flowerpossibilities.com)
- California State Floral Association  
[www.calstatefloral.com](http://www.calstatefloral.com)

Connections & Events	Curriculum	4-H Record Book
<p><b>Presentation Days</b> – Share what you've learned with others through a presentation.</p> <p><b>Field Days</b> – At these events, 4-H members may participate in a variety of contests related to their project area.</p> <p>Contact your county 4-H office to determine additional opportunities available, such as a field day.</p>	<ul style="list-style-type: none"> <li>• Flowers <a href="http://web1.msue.msu.edu/4h/">web1.msue.msu.edu/4h/</a></li> <li>• 4-H Floriculture (levels A-D) <a href="http://learningstore.uwex.edu/Floriculture-Level-A-P1432.aspx">learningstore.uwex.edu/Floriculture-Level-A-P1432.aspx</a></li> <li>• Garden-based Learning Activities <a href="http://blogs.cornell.edu/garden/get-activities/activities">blogs.cornell.edu/garden/get-activities/activities</a></li> <li>• How Does Your Garden Grow? <a href="http://estore.osu-extension.org/productdetails.cfm?sku=671">estore.osu-extension.org/productdetails.cfm?sku=671</a></li> </ul>	<p>4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development.</p> <p>4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.</p> <p>To access the 4-H Record Book online, visit <a href="http://ucanr.edu/orb/">http://ucanr.edu/orb/</a></p>

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