



## *4-H E-News Updates*

### *July 2011*

[Statewide 4-H Online Calendar](#)

[4-H Science, Engineering and Technology Updates](#)

[4-H Healthy Living Updates](#)

## ASSOCIATE DIRECTOR UPDATES

The California 4-H Youth Development Program has adopted a new framework – California 4-H Thrive. This framework based on cutting edge research is expected to help young people develop an explicit set of skills that move them forward on a path to thriving. This program is designed to help young people identify their spark or inner source of motivation that brings them joy and passion, move toward a mindset orientated toward learning and growth, explore indicators of thriving and reflect upon on their strengths and challenges, and to effectively set and manage goals.

Over the past year, 194 volunteers, Master Trainers, dedicated a significant amount of time to become trained on 4-H Thrive. Beginning in July, these trainers will, in turn, train volunteers in the local communities to deliver the key components of Thrive to 4-H members. Results from the Master Trainer trainings indicate that trainers' increased significantly on their knowledge of all Thrive components – sparks, mindset, thriving indicators, and goal management. Importantly, 94% feel confident about training others in 4-H Thrive within the county and 80% of trainers believe that 4-H Thrive will enhance positive outcomes for youth.

A big thank you to the Master Trainer's and volunteers who are helping to strengthen our program and contribute positively to young people's growth and development.

Regards,

Shannon Dogan  
Associate Director of 4-H Program and Policy

## CA 4-H FOUNDATION UPDATES

### **California State Fair 4-H Alumni Day**

- The State Fair is coming and much is happening with 4-H at the Fair this year! In addition to animals, food and crafts exhibited by 4-H youth and a historic retrospective of 4-H in the Expo Building, the 4-H Foundation is sponsoring a 4-H Alumni Day at the Fair. Mark your calendars for July 23. \$2 off discount tickets for 4-H members, alumni and their families can be purchased online at <http://www.bigfun.org/buy-tickets>. Click on the words, "purchase tickets" and enter the promotional code **CA4Halumnifair**. These discount tickets can be purchased online up through 4-H Alumni Day, July 23.

If you go the CA 4-H website ([www.ca4h.org/](http://www.ca4h.org/)) and click on the box marked “*I am a 4-H alumni*”, we will also e-mail you a coupon to be redeemed for a special alumni gift at the Foundation’s 4-H booth in the Counties Building (A-B) through the entire weekend of July 23-24.

### **Thanks to 4-H Photo Mural Project**

- That same weekend at the State Fair, artist Christopher Irion will be at the 4-H booth taking portraits of 4-H members past and present in preparation for our 4-H Centennial coming in 2013. Participants will also have a chance to briefly complete the phrase “Thanks to 4-H...” These photos and stories will be used for a variety of purposes throughout our centennial year (2013). A special 4-H centennial website, traveling exhibits for use at county fairs, a commemorative book and an installation at the state Capitol in 2014 featuring the faces and stories of 4-H across the state are some of the planned uses. You will not be able to take home a copy of your photo but anyone who has a photo taken will receive a special alumni gift. Be sure to join us at our booth in the County Building (A-B) over the weekend of July 23-24 to participate in this exciting and historic project (and get a 4-H goodie!).

### **Help Staff 4-H Booth at California State Fair**

- Once again the California 4-H Foundation is recruiting 4-H members and leaders to help staff the 4-H booth at the California State Fair (July 14 - July 31). This is a great opportunity for 4-H members and volunteers to share with the public their 4-H experiences, as well as, the wide range of projects and leadership opportunities that are available to youth through participation in the California 4-H Youth Development Program. Small 4-H projects are welcome to accompany you (robots, rabbits, arts/crafts, service dogs, etc.) to give the public a “feel” for what types of projects are available. Examples of service projects also make for good stories to share with the public. Please feel free to bring photo albums or record books with you to show anyone who may be interested in learning even more about your 4-H project.

Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed. Each shift must have two adults in the booth at all times.

To sign-up, please visit <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=6119>.

## IDEAS THAT WORK

- **Promising Practices Guide: 4-H Science in Urban Communities** is a new resource, created by field professionals, for field professionals. The guide is available as an electronic publication and contains promising practices, case studies, and suggested resources in each of the 15 chapters. Chapters are organized into three main sections: 4-H Science Core Principles and Program Design; Partnerships, Resource Development, Program Growth and Sustainability; and Staffing, Recognition, and Marketing. The website, <http://urban4hscience.rutgers.edu>, is full of useful resources including downloadable PDFs, highlight videos, and links to resources and tools.

## PROGRAMS

- The California 4-H Youth Development Program is seeking **host families** for **Japanese adult chaperones** who will accompany a delegation of students to California for 1 month this summer. Chaperones stay with two different families for 2 weeks each and enjoy the family’s summertime activities. Families who host chaperones are not required to have children in the home. Are you interested

in sharing your home and culture with an adult from Japan? To learn more, contact Pat English at 530-754-8520 or [pnenglish@ucdavis.edu](mailto:pnenglish@ucdavis.edu).

- Military youth are invited to a special overnight workshop focusing on the reintegration and reunion phase of the deployment cycle. California Operation: Military Kids will hold a Boots Off! Camp for military youth ages 9-18, July 22-23 at the Port Hueneme Youth Center at Naval Base Ventura. The camp is open to youth from any branch or component and the cost is only \$15. The event will feature insightful activities, meals, a sleepover and lots of fun. To learn more or to register, visit: <http://ucanr.org/bootsoff>. For more information, contact Gwenetta Cook at 785-313-3289 or at [gwenetta.cook2.ctr@us.army.mil](mailto:gwenetta.cook2.ctr@us.army.mil).

## EVENTS & DEADLINES

- **Sew Perfect!!!** Each year the State Fashion Revue (SFR) Committee chooses a Community Service activity. The project culminates with items brought to the State Fashion Revue event. They are then dispersed to appropriate institutions throughout the state in the name of 4-H. Last year we collected over 1,000 hand-made hats, which were distributed to hospice centers, hospitals and children's homes to be used by those patients who had lost their hair. This year the choice of children's hospital gowns was the result of a 4-H member who wanted to help a young friend who was going through several medical procedures and long hospital stays. Wouldn't it be great to have fun and colorful gowns to wear while in the hospital? Clever 4-Hers from throughout the state made 107 hospital gowns in assorted fabrics and sizes. We are so grateful for your generous support. Thank you "sew" much!

We took on a second service project for SFR 2011. Members were encouraged to make a quilt top or a complete quilt to give to wounded warriors as they were transported to a hospital stateside for recovery. It was a special size, 45" x 81" to fit on gurneys and stretchers. We received 11 complete quilts, enough squares to complete 4 quilt tops, and an astonishing 31 quilt tops. Glenn County tops the donor list with 20 quilt tops with batting and backing fabric for many quilts. They held a quilt day in May and had their own ingenious quilting bee. San Benito sent four tops and many others sent beautiful creations. Where else will you find people who take large pieces of fabric, cut them into small pieces, and put them together to make a large piece, but one with creative designs, colorful interaction, and clever assembly? The 4-H community is so wonderful and giving.

In our attempt to complete as many quilts as possible this summer we are seeking people and/or groups who would be willing to assemble the three layers of the quilts and tie or quilt them together. Machine stitching is welcome. Please contact Mary Engebretth [maryengebretth@comcast.net](mailto:maryengebretth@comcast.net) if you can help with this finishing task.

- **4-H: The Magic of Transformation**

This year, come to be transformed and rejuvenated during the **State Leaders' Forum** at Asilomar in November. The weekend of **November 11 – 13<sup>th</sup>** promises to be filled with "Ah-Ha!" moments, wonderful people, and exciting workshops. You will have time to walk on the beach if you like, or sit and chat with new and old friends, or just enjoy the beauty and history of Asilomar, CA.

We are working very hard to make a memorable conference for you. Some things of course will remain the same, but some will be different! We are offering a morning of 'open space'—a time when you, the delegate, can decide what we will talk about or teach. You will have a chance to sign up for discussion groups and a time to ask all those questions you need answers for. There will be a chance to really talk with other leaders from your region; to perhaps network with similar projects and field days. And there will definitely be opportunities to get new ideas.

People will be at the State Leaders' Forum who have 30 and 40 years of experience in the 4-H world, and some will be just starting this wonderful journey. There is nothing like 4-H to teach hands-on projects, public speaking, and community service. State Leaders' Forum aims to excite you about your service to

clubs, community, country, and your world. To sign up, visit [www.ca4h.org](http://www.ca4h.org), then click on 'Programs', then 'Conferences', and then State Leaders Forum.

## FUNDING OPPORTUNITIES

- **Sodexo Foundation** is offering **Lead Organizer Grants** of \$2,000 to organizations who engage at least 600 volunteers in addressing childhood hunger within their communities. More information and applications are available online at <http://www.ysa.org/grants/sodexoleadorganizer>. Applications are due by **July 15, 2011**.
- **Captain Planet Foundation:** The Captain Planet Foundation is funding grants to schools and community-based organizations that encourage hands-on projects to improve the environment. Up to \$2,500 in funding is available for projects that will inspire youth to become active in environmental stewardship and community service activities. The deadline to apply is **September 30, 2011**. For more information, visit <http://www.captainplanetfoundation.org/default.aspx?pid=3&tab=apply>.
- Get ready for the **Revolution of Responsibility!** 4-H'ers are changing the world and improving their communities today. In support of this community development work, the State 4-H Office will consolidate the Requests for Funding (RFP) for Service-Learning, Healthy Living, SET, and Legacy into one application. Chartered 4-H clubs/units can apply for funding up to \$1,000 to support service-learning projects related to their club or project activities. An **on-line application** will be **released in July** and applications are due **October 15**. Projects must have a service-learning emphasis and can be related to 4-H SET, Healthy Living, Citizenship, Leadership or project work with the goal of creating positive change in the community and increasing the visibility of 4-H. Contact Pat English for more information, [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu).
- **Build-A-Bear Workshops** have announced their 2011 grant opportunities, with grants ranging up to \$10,000 each. Organizations working to support such causes as children's health and wellness, animals, and literacy and education will be considered. Click [here](#) for more information. The grant applications may be submitted through **October 28, 2011**.
- The **Best Buy Children's Foundation** has announced a funding opportunity for organizations whose work encompasses serving a teen population and developing leadership and life skills among the youth. Eligible groups must be within 50 miles of a Best Buy store or regional distribution center. Grants will range between \$4,000 and \$6,000. Online grant applications may be submitted from **July 1 – August 1, 2011**. Click [here](#) for more information.

## INCENTIVES & RECOGNITION

- The **2011 Golden Clover applications** and nomination forms are now available at: <http://www.ca4h.org/Resources/Members/GoldenClover/>. Nominations and applications will be due by **September 30, 2011**. Individuals and groups may apply or be nominated in multiple categories. The selection committee reserves the option of moving applications to another category if they feel it would be a better match. Applications are evaluated on how well the applicant meets the description of the category and overall participation within 4-H. Group applications consisting of youth and adults need to demonstrate strong youth-adult partnerships. Questions can be sent to Quang "Hogan" Tong at [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).
- **Record Book Forms for the 2011** year state competition will be available at: <http://www.ca4h.org/Resources/Members/RecordBook/RBCompetition/>. Senior 4-H members (at least 14

years of age and no older than 19 years old by December 31 of the program year for which the book is being entered) are eligible to enter state competition. There is no restriction on the number of times a 4-H member may be declared a state winner, but a state winner may only be awarded the cash prize twice. There is no restriction on the number of times a 4-H member may be declared a state medalist. Previous state record book winners are eligible to compete again. Questions may be sent to Quang “Hogan” Tong at [qtong@ucdavis.edu](mailto:qtong@ucdavis.edu).

## YOUTH DEVELOPMENT RESEARCH

- Please visit the **4-H Center for Youth Development's** website, <http://www.ca4h.org/Research/CYD/> for the latest research findings and updates of ongoing studies in the field of youth development.

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**Youth, Families, & Communities Program**  
**California State 4-H Office**  
Agriculture and Natural Resources, University of California  
DANR Building, One Shields Avenue  
Davis, CA 95616-8575  
(530) 754-8518  
[fourstateofc@ucdavis.edu](mailto:fourstateofc@ucdavis.edu)

University of California  
Agriculture and Natural Resources  
4-H Youth Development Program

